

ActaSolve® HIGH ENERGY



ORDER CODES

Flavour	Pip-code
Smooth Vanilla	405 - 2585
Strawberry Burst	405 - 2593
Banana Milkshake	405 - 2551
Classic Chocolate	405 - 2577
Starter Pack	405 - 2569

DESCRIPTION

ActaSolve High Energy is a Food for Special Medical Purposes. ActaSolve High Energy is a powder supplement, based on skimmed milk powder with added carbohydrate, fat, vitamins and minerals, which provides a nutritionally balanced, milkshake style oral nutritional supplement when mixed with whole milk. ActaSolve High Energy is designed for the dietary management of patients with or at risk of disease related malnutrition.

PRESENTATION

ActaSolve High Energy is presented in cartons, each carton containing 6 x 85g sachets. It is available in 4 flavours: Smooth Vanilla, Strawberry Burst, Banana Milkshake and Classic Chocolate. It is also available as a Starter Pack containing 4 x 85g sachets (one of each flavour) plus a shaker.

INDICATIONS FOR USE

ACBS approved, prescribable on form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of undernourished patients, inflammatory bowel disease, total gastrectomy, bowel fistulae and disease-related malnutrition.

DIRECTIONS FOR USE

ActaSolve High Energy should be reconstituted with 240ml of whole milk. It is best served cold but can be made up hot if preferred.

Mixing instructions when using a shaker:

DO NOT USE SHAKER WITH HOT LIQUIDS

1. First pour 240ml of whole milk into the shaker and then add one 85g sachet of ActaSolve High Energy.
2. Replace the lid making sure it is securely fastened and shake vigorously.
3. Decant into your glass or mug to drink, or refrigerate in the shaker or another suitable container for up to 24 hours.

Mixing instructions when using a whisk or fork:

WORKS FOR HOT AND COLD LIQUIDS

1. First pour 240ml of whole milk into the glass or mug and then add one 85g sachet of ActaSolve High Energy.
2. Mix thoroughly with a whisk or fork.
3. Drink immediately or refrigerate for up to 24 hours.

SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietitian.

IMPORTANT NOTICE

Use under medical supervision.

For enteral use only.

ActaSolve High Energy is designed as a supplement to a normal diet and is not suitable as a sole source of nutrition

Not suitable for children under 3 years of age.

Use with caution in children under 6 years of age.

Not suitable for patients with cow's milk allergy or for those with galactosaemia.

Not suitable for those requiring a low fat diet.

STORAGE

Store away from light, under dry, clean and cool conditions (5 - 20° C).

Once reconstituted, ActaSolve High Energy may be stored for up to 24 hours in a refrigerator.

Stir before serving.

SHELF LIFE

24 months.

INGREDIENTS

SMOOTH VANILLA

Glucose Syrup, Palm Oil, Maltodextrin, Skimmed Milk Powder, Sugar, Calcium Carbonate, Natural Flavouring, Potassium Phosphate, Vitamin & Mineral Blend (Potassium Dihydrogen Phosphate, Sodium Ascorbate, DL-Alpha Tocopherol, Ferrous Sulphate, Nicotinamide, Zinc Sulphate, Potassium Iodide, Retinyl Acetate, Calcium-D-Pantothenate, Cholecalciferol, D-Biotin, Sodium Selenite, Pyridoxine Hydrochloride, Folic Acid, Copper Sulphate, Manganese Sulphate, Thiamine Mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium Trichloride, Sodium Molybdate), Salt, Potassium Chloride, Potassium Citrate, Magnesium Oxide, Colour: (Carotene).

STRAWBERRY BURST

Glucose Syrup, Palm Oil, Maltodextrin, Skimmed Milk Powder, Sugar, Calcium Carbonate, Natural Flavouring, Potassium Phosphate, Vitamin & Mineral Blend (Potassium Dihydrogen Phosphate, Sodium Ascorbate, DL-Alpha Tocopherol, Ferrous Sulphate, Nicotinamide, Zinc Sulphate, Potassium Iodide, Retinyl Acetate, Calcium-D-Pantothenate, Cholecalciferol, D-Biotin, Sodium Selenite, Pyridoxine Hydrochloride, Folic Acid, Copper Sulphate, Manganese Sulphate, Thiamine Mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium Trichloride, Sodium Molybdate), Salt, Potassium Chloride, Potassium Citrate, Magnesium Oxide, Colour: (Beetroot).

BANANA MILKSHAKE

Glucose Syrup, Palm Oil, Maltodextrin, Skimmed Milk Powder, Sugar, Calcium Carbonate, Potassium Phosphate, Natural Flavouring, Vitamin & Mineral Blend (Potassium Dihydrogen Phosphate, Sodium Ascorbate, DL-Alpha Tocopherol, Ferrous Sulphate, Nicotinamide, Zinc Sulphate, Potassium Iodide, Retinyl Acetate, Calcium-D-Pantothenate, Cholecalciferol, D-Biotin, Sodium Selenite, Pyridoxine Hydrochloride, Folic Acid, Copper Sulphate, Manganese Sulphate, Thiamine Mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium Trichloride, Sodium Molybdate), Salt, Potassium Chloride, Potassium Citrate, Magnesium Oxide, Colour: (Carotene).

CLASSIC CHOCOLATE

Glucose Syrup, Palm Oil, Maltodextrin, Sugar, Skimmed Milk Powder, Cocoa Powder, Natural Flavouring, Calcium Carbonate, Potassium Phosphate, Salt, Vitamin & Mineral Blend (Potassium Dihydrogen Phosphate, Sodium Ascorbate, DL-Alpha Tocopherol, Ferrous Sulphate, Nicotinamide, Zinc Sulphate, Potassium Iodide, Retinyl Acetate, Calcium-D-Pantothenate, Cholecalciferol, D-Biotin, Sodium Selenite, Pyridoxine Hydrochloride, Folic Acid, Copper Sulphate, Manganese Sulphate, Thiamine Mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium Trichloride, Sodium Molybdate), Magnesium Oxide.

May also contain: Egg, Soya and Sulphites.

All flavours of Actasolve High Energy are made from a gluten-free recipe and are suitable for vegetarians and halal diets.

OTHER INFORMATION*

Osmolarity	mOsm/L*	767
Osmolality	mOsmol/kg	1131
Potential Renal Solute Load	mOsm/L*	396
Energy distribution	Protein	% 8
	Carbohydrate	% 45
	Fat	% 47

* Based on Smooth Vanilla Flavour made up with 240ml whole milk

NUTRITIONAL COMPOSITION

Flavour		SMOOTH VANILLA		STRAWBERRY BURST		BANANA MILKSHAKE		CLASSIC CHOCOLATE		
		Per 100g	Per serving 85g+240ml whole milk	Per 100g	Per serving 85g+240ml whole milk	Per 100g	Per serving 85g+240ml whole milk	Per 100g	Per serving 85g+240ml whole milk	
Energy	KJ	2105	2451	2097	2444	2106	2452	2150	2489	
	kcal	503	586	501	584	503	586	515	596	
Fat	g	25	30	25	30	25	30	29	33	
saturates	g	13	17	13	17	13	17	13	17	
Carbohydrate	g	64	66	63	65	64	66	58	61	
sugars	g	23	31	22	30	22	30	21	30	
Fibre	g	<0.5	<0.5	<0.5	<0.5	<0.5	<0.5	1.6	1.4	
Protein	g	4.8	12	4.9	12	4.8	12	5.0	12	
Salt	g	0.42	0.62	0.43	0.62	0.44	0.63	0.45	0.64	
Vitamins										
Vitamin A (RE)	µg	583	591	583	591	583	591	583	591	
Vitamin D	µg	10	8.3	10	8.3	10	8.3	10	8.3	
Vitamin K	µg	58	50	58	50	58	50	58	50	
Vitamin C	mg	60	56	60	55	60	55	59	55	
Thiamin	mg	1.4	1.2	1.4	1.2	1.4	1.2	1.3	1.2	
Riboflavin	mg	1.0	1.5	1.0	1.5	1.0	1.5	1.0	1.4	
Vitamin B6	mg	1.9	1.8	1.9	1.8	1.9	1.8	1.9	1.8	
Niacin (NE)	mg	13	12	13	12	13	12	13	12	
Folic Acid	µg	203	192	203	192	203	192	201	191	
Vitamin B12	µg	1.1	2.9	1.1	2.9	1.1	2.9	1.0	2.8	
Pantothenic acid	mg	4.7	5.4	4.7	5.4	4.7	5.4	4.6	5.3	
Biotin	µg	24	26	24	26	24	26	24	26	
Vitamin E (alpha TE)	mg	10	8.4	10	8.4	10	8.3	10	8.4	
Minerals										
Sodium	mg	174	246	171	243	170	243	176	248	
	mmol	7.57	10.7	7.42	10.6	7.40	10.6	7.67	10.8	
Chloride	mg	362	527	355	522	354	521	280	457	
	mmol	10.2	14.8	10.0	14.7	10.0	14.7	7.9	12.9	
Potassium	mg	517	828	508	820	506	819	507	819	
	mmol	13.3	21.2	13.0	21.0	13.0	21.0	13.0	21.0	
Calcium	mg	405	640	397	634	396	632	369	610	
	mmol	10.1	16.0	9.9	15.8	9.9	15.8	9.2	15.2	
Phosphorus	mg	212	418	206	413	205	412	212	418	
	mmol	6.84	13.5	6.65	13.3	6.62	13.3	6.85	13.5	
Magnesium	mg	59.8	79.5	59.1	78.84	50.9	71.93	55.3	75.66	
	mmol	2.46	3.27	2.43	3.24	2.09	2.96	2.28	3.11	
Iron	mg	7.4	6.3	7.4	6.3	7.4	6.3	7.4	6.3	
Zinc	mg	3.7	4.4	3.7	4.4	3.7	4.4	3.6	4.3	
Copper	mg	0.60	0.50	0.60	0.50	0.60	0.50	0.60	0.50	
Iodine	µg	72.8	138	72.4	138	72.3	138	70.4	136	
Selenium	µg	18	18	18	18	18	18	17	17	
Manganese	mg	0.70	0.64	0.70	0.64	0.70	0.64	0.70	0.64	
Chromium	µg	7.7	6.6	7.7	6.6	7.7	6.6	7.7	6.6	
Molybdenum	µg	18	15	18	15	18	15	18	15	