

# Actasolve® SAVOURY



## ORDER CODES

Flavour	Pip-code
Cream of Chicken	400 - 9932
Cream of Vegetable	407 - 0330
Creamy Potato & Leek	421 - 8962
Starter Pack	421 - 9200

## DESCRIPTION

**Actasolve Savoury** is a Food for Special Medical Purposes. **Actasolve Savoury** is a nutritionally balanced, vitamin and mineral fortified, skimmed milk powder based supplement for the dietary management of patients with or at risk of disease related malnutrition.

## PRESENTATION

**Actasolve Savoury** is presented in boxes containing 7 x 57g sachets. It is available in 3 flavours: Cream of Chicken, Cream of Vegetable and Creamy Potato & Leek. It is also available in a Starter Pack containing 3 x 57g sachets (one of each flavour.)

## INDICATIONS FOR USE

ACBS approved, prescribable on form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of undernourished patients, inflammatory bowel disease, total gastrectomy, bowel fistulae and disease-related malnutrition.

## DIRECTIONS FOR USE

Each sachet of **Actasolve Savoury** should be reconstituted with 200ml of hot water.

1. Pour 200ml of hot water into a mug or bowl.
2. Add one 57g sachet of **Actasolve Savoury**.
3. Mix thoroughly with a whisk or fork.

Once reconstituted, **Actasolve Savoury** should be consumed as soon as it has reached a safe and comfortable temperature for drinking. Stir before drinking.

## SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietitian.

### IMPORTANT NOTICE

Use under medical supervision.

For enteral use only.

**Actasolve Savoury** is designed as a supplement to a normal diet and is not suitable as a sole source of nutrition.

Not suitable for children under 3 years of age.

Use with caution in children under 6 years of age.

Not suitable for patients with cow's milk allergy or for those with galactosaemia.

## STORAGE

Store in a cool, dry place, below 25°C.

## SHELF LIFE

18 months

## INGREDIENTS

### CREAM OF CHICKEN

Maltodextrin, Skimmed **Milk** Powder, Palm Fat, **Milk** Protein Concentrate, Flavourings, Potato Starch, Chicken Meat containing Antioxidant: Extracts Of Rosemary (5%), Thickener: Cellulose Gum, Potassium Chloride, Dipotassium Phosphate, Magnesium Carbonates, Vitamin and Mineral Premix (Potassium Dihydrogen Phosphate, Sodium Ascorbate, Vitamin E, Maltodextrin, Ferrous Sulphate, Niacin, Zinc Sulphate, Vitamin A, Pantothenic Acid, Vitamin D, Biotin, Vitamin B6, Folic Acid, Manganese, Sulphate, Thiamin, Potassium Iodide, Copper Sulphate, Vitamin K, Vitamin B12, Sodium Selenite, Riboflavins, Chromium Chloride, Sodium Molybdate), Tricalcium Phosphate, Dried Parsley, Colour: Curcumin, Ground Sage, White Pepper.

May Contain: **Egg, soya, celery, mustard and sulphites**

### CREAM OF VEGETABLE

Maltodextrin, Palm Fat, Skimmed **Milk** Powder, **Milk** Protein Concentrate, Vegetables (8.5%) (Onion, Carrot, Pea, Leek), Potato Starch, Yeast Extract, Natural Flavourings (contains **Celery**), Garlic Powder, Dipotassium Phosphate, Salt, Vitamin and Mineral Premix (Potassium Dihydrogen Phosphate, Sodium Ascorbate, Vitamin E, Ferrous Sulphate, Niacin, Zinc Sulphate, Vitamin A, Pantothenic Acid, Vitamin D, Biotin, Vitamin B6, Folic Acid, Manganese Sulphate, Thiamin, Potassium Iodide, Copper Sulphate, Vitamin K, Vitamin B12, Sodium Selenite, Riboflavins, Chromium Chloride, Sodium Molybdate), Magnesium Carbonates, Tri-Calcium Phosphate, Potassium Chloride, Ground Black Pepper, Colour: (Curcumin, Carotenes).

May Contain: **Egg, soya, mustard and sulphites**

### CREAMY POTATO & LEEK

Skimmed **Milk** Powder, Maltodextrin, Potatoes (14.5%), Palm Fat, Leek Powder (4%), **Milk** Protein Concentrate, Onion Powder, Lactose (**Milk**), Yeast Extract, Natural Flavourings, Garlic Powder, Salt, Potato Starch, Vitamin and Mineral Premix (Potassium Dihydrogen Phosphate, Sodium Ascorbate, Vitamin E, Maltodextrin, Ferrous Sulphate, Niacin, Zinc Sulphate, Vitamin A, Pantothenic Acid, Vitamin D, Biotin, Vitamin B6, Folic Acid, Manganese Sulphate, Thiamin, Potassium Iodide, Copper Sulphate, Vitamin K, Vitamin B12, Sodium Selenite, Riboflavins, Chromium Chloride, Sodium Molybdate), Magnesium Carbonates, Ground Black Pepper, Spinach Powder, Turmeric.

May Contain: **Egg, soya, celery, mustard and sulphites**

All flavours are Gluten-free. Cream of Vegetable and Creamy Potato & Leek are suitable for vegetarian and Halal diets.

## OTHER INFORMATION\*

Osmolality	mOsmol/kg H2O*	300
Potential Renal Solute Load	mOsmol/l*	351
Protein	%	15
Carbohydrate	%	53
Fat	%	31
Fibre	%	1

\*based on Cream of Vegetable flavour made up with 200ml water

## NUTRITIONAL INFORMATION

Flavour	CREAM OF CHICKEN		CREAM OF VEGETABLE		CREAMY POTATO & LEEK	
	Per 100g powder	Per 57g sachet + 200ml water	Per 100g powder	Per 57g sachet + 200ml water	Per 100g powder	Per 57g sachet + 200ml water
<b>Typical values</b>						
Energy	kJ	1844	1051	1847	1053	1787
	kcal	438	250	439	250	425
Fat	g	15	8.4	15	8.6	14
of which saturates	g	8.5	4.8	10	5.7	8.3
Carbohydrate	g	60	34	58	33	56
of which sugars	g	12	6.8	13	7.2	23
Fibre	g	<0.5	<0.5	2.5	1.4	2.6
Protein	g	16	9.1	16	9.2	18
Salt	g	1.4	0.80	0.90	0.51	1.4
						0.80
<b>Vitamins</b>						
Vitamin A (RE)	µg	579	330	575	328	631
Vitamin D	µg	9.1	5.2	9.1	5.2	9.4
Vitamin K	µg	54	31	54	31	54
Vitamin C	mg	55	31	55	31	57
Thiamin	mg	1.3	0.74	1.3	0.74	1.3
Riboflavin	mg	1.0	0.57	1.0	0.57	1.3
Vitamin B6	mg	1.8	1.0	1.8	1.0	1.9
Niacin (NE)	mg	12	6.9	12	6.9	12
Folic Acid	µg	187	107	187	106	195
Vitamin B12	µg	1.2	0.68	1.1	0.7	1.6
Pantothenic acid	mg	4.5	2.5	4.4	2.5	4.9
Biotin	µg	25	14	24	14	28
Vitamin E (alpha TE)	mg	13	7.2	14	7.8	13
<b>Minerals</b>						
Sodium	mg	560	320	360	210	550
	mmol	24.3	13.9	15.7	9.10	23.9
Chloride	mg	388	221	545	311	733
	mmol	10.9	6.24	15.4	8.78	20.6
Potassium	mg	604	344	654	373	601
	mmol	15.4	8.81	16.7	9.52	15.4
Calcium	mg	458	261	496	283	458
	mmol	11.5	6.50	12.4	7.07	11.5
Phosphorus	mg	265	151	305	174	324
	mmol	8.50	4.85	9.84	5.61	10.5
Magnesium	mg	93.3	53.2	94.2	53.7	90.8
	mmol	3.90	2.22	3.88	2.21	3.70
Iron	mg	6.8	3.9	7.1	4.0	7.4
Zinc	mg	3.6	2.0	3.6	2.0	4.3
Copper	mg	0.53	0.30	0.54	0.31	0.55
Iodine	µg	81.1	46.2	80.7	46.0	106
Selenium	µg	16	8.9	16	8.9	18
Manganese	mg	0.60	0.40	0.70	0.40	0.70
Chromium	µg	7.0	4.0	7.0	4.0	7.0
Molybdenum	µg	16	9.1	16	9.1	16