

# ActaSolve<sup>®</sup>

## SMOOTHIE



### ORDER CODES

Flavour	Pip-code
Mango	397 - 2817
Peach	397 - 2833
Pineapple	397 - 2825
Strawberry & Cranberry	397 - 2841
Starter Pack	408 - 4711

### DESCRIPTION

AYMES ActaSolve Smoothie is a Food for Special Medical Purposes. AYMES ActaSolve Smoothie is a powder, based on soya protein isolate with added carbohydrate, fat, vitamins and minerals, designed for the dietary management of patients with or at risk of disease-related malnutrition.

### PRESENTATION

AYMES ActaSolve Smoothie is presented as wholesale cases of 6 cartons, each carton containing 7 x 66g sachets. It is available in 4 flavours: Mango, Peach, Pineapple and Strawberry & Cranberry. AYMES ActaSolve Smoothie is also available as a Starter Pack containing 4 x 66g sachets (one of each flavour) plus a shaker.

### INDICATIONS FOR USE

ACBS approved, prescribable on form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of undernourished patients, inflammatory bowel disease, total gastrectomy, bowel fistulae and disease-related malnutrition.

### DIRECTIONS FOR USE

Each sachet of AYMES ActaSolve Smoothie should be reconstituted with 150ml of water. It is best served cold, but can be made up hot, if preferred.

Mixing instructions when using a shaker:

- Add 150ml water and then the sachet of AYMES ActaSolve Smoothie to a shaker and shake vigorously for a minimum of 30 seconds.
- Pour into a glass or mug and serve.

**DO NOT USE SHAKER WITH HOT LIQUIDS**

For best results reconstitution with a shaker is recommended, however, AYMES ActaSolve Smoothie can also be mixed with a fork or whisk.

### SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietician.

### IMPORTANT NOTICE

- Use under medical supervision.
- Not suitable as a sole source of nutrition.
- For enteral use only.
- Not suitable for children under 3 years of age.

### CONTRAINDICATIONS

Not suitable for patients with soya intolerance.  
AYMES ActaSolve Smoothie may contain traces of milk protein.

### PRECAUTIONS

Only to be used as a supplement to the normal diet.  
Use with caution in children under 6 years of age.

### STORAGE

Store in a cool, dry place, below 25°C  
Once reconstituted, AYMES ActaSolve Smoothie may be stored for up to 24 hours in a refrigerator.  
Stir before serving.

### SHELF LIFE

24 months

### INGREDIENTS

#### MANGO

Dried Glucose Syrup, Soya Protein Isolate (Containing Emulsifier Soya Lecithin), Sugar, Palm Oil, Fructose, Maltodextrin, Natural Mango Flavouring (4.0%), Natural Flavouring (2%), Emulsifier: mono and diglycerides of fatty acids, Colour: Carotene, Dipotassium phosphate, Stabiliser: Potassium Phosphate, Calcium Chloride, Thickener: Cellulose Gum, Magnesium Sulphate, Vitamin & Mineral Premix (Dipotassium Phosphate, Sodium Ascorbate, Vitamin E, Ferrous Sulphate, Niacin, Zinc Sulphate, Vitamin A, Pantothenic Acid, Vitamin D2, Biotin, Vitamin B6, Folic Acid, Manganese Sulphate, Thiamin, Potassium Iodide, Copper Sulphate, Vitamin K, Vitamin B12, Sodium Selenite, Riboflavins, Chromium Chloride, Sodium Molybdate), Potassium Chloride, Lemon Powder.

#### PEACH

Dried Glucose Syrup, Soya Protein Isolate (Containing Emulsifier Soya Lecithin), Sugar, Palm Oil, Maltodextrin, Fructose, Natural Flavouring (1%), Emulsifier: mono and diglycerides of fatty acids, Dipotassium phosphate, Colours: (Beetroot Red, Carotenes), Stabiliser: Potassium Phosphate, Thickener: Cellulose Gum, Calcium Chloride, Concentrated Peach Juice (0.4%), Magnesium Sulphate, Lemon Powder, Vitamin & Mineral Premix (Dipotassium Phosphate, Sodium Ascorbate, Vitamin E, Ferrous Sulphate, Niacin, Zinc Sulphate, Vitamin A, Pantothenic Acid, Vitamin D2, Biotin, Vitamin B6, Folic Acid, Manganese Sulphate, Thiamin, Potassium Iodide, Copper Sulphate, Vitamin K, Vitamin B12, Sodium Selenite, Riboflavins, Chromium Chloride, Sodium Molybdate), Potassium Chloride.

#### PINEAPPLE

Dried Glucose Syrup, Soya Protein Isolate (Containing Emulsifier Soya Lecithin), Sugar, Palm Oil, Maltodextrin, Fructose, Natural Flavouring (2%), Emulsifier: mono and diglycerides of fatty acids, Pineapple Juice Powder, Dipotassium Phosphate, Stabiliser: Potassium Phosphate, Calcium Chloride, Thickener: Cellulose Gum, Colour: Curcumin, Magnesium Sulphate, Vitamin & Mineral Premix (Dipotassium Phosphate, Sodium Ascorbate, Vitamin E, Ferrous Sulphate, Niacin, Zinc Sulphate, Vitamin A, Pantothenic Acid, Vitamin D2, Biotin, Vitamin B6, Folic Acid, Manganese Sulphate, Thiamin, Potassium Iodide, Copper Sulphate, Vitamin K, Vitamin B12, Sodium Selenite, Riboflavins, Chromium Chloride, Sodium Molybdate), Potassium Chloride, Lemon Powder.

#### STRAWBERRY & CRANBERRY

Dried Glucose Syrup, Soya Protein Isolate (Containing Emulsifier Soya Lecithin), Sugar, Palm Oil, Maltodextrin, Fructose, Natural Strawberry Flavouring (2.5%), Emulsifier: mono and diglycerides of fatty acids, Natural Flavouring (1%), Dipotassium phosphate, Stabiliser: Potassium Phosphate, Colour: Beetroot Red, Calcium Chloride, Thickener: Cellulose Gum, Concentrated Cranberry Juice (0.4%), Lemon Powder, Magnesium sulphate, Vitamin & Mineral Premix (Dipotassium Phosphate, Sodium Ascorbate, Vitamin E, Ferrous Sulphate, Niacin, Zinc Sulphate, Vitamin A, Pantothenic Acid, Vitamin D2, Biotin, Vitamin B6, Folic Acid, Manganese Sulphate, Thiamin, Potassium Iodide, Copper Sulphate, Vitamin K, Vitamin B12, Sodium Selenite, Riboflavins, Chromium Chloride, Sodium Molybdate), Potassium Chloride.

May contain: Egg, Milk, Celery, Mustard, Sulphite.

All flavours of AYMES ActaSolve Smoothie are made from a gluten free recipe and are suitable for vegetarians and vegans.

### OTHER INFORMATION\*

66g serving when mixed with 150ml Water

Potential Renal Solute Load	mOsm/l	475	
Osmolality	mOsm/kg	720	
Osmolarity	mOsm/l	620	
Energy Distribution	Protein	%	14
	Carbohydrate	%	56
	Fat	%	30
Non-Protein Calories: Nitrogen Ratio	kcal/g	148:1	

\*Based on Pineapple Flavour. Other flavours are similar, for details please contact AYMES<sup>®</sup> International.

### NUTRITIONAL COMPOSITION

Flavour	MANGO		PEACH		PINEAPPLE		STRAWBERRY & CRANBERRY		
	Per 100g powder	Per 66g serving	Per 100g powder	Per 66g serving	Per 100g powder	Per 66g serving	Per 100g powder	Per 66g serving	
Energy	kJ	1897	1252	1889	1247	1892	1249	1887	1246
	kcal	451	298	449	296	450	297	448	296
Fat	g	14.8	9.8	14.6	9.7	14.6	9.7	14.6	9.6
of which: saturates	g	8.5	5.6	8.3	5.5	8.3	5.5	8.3	5.5
monounsaturates	g	4.8	3.2	4.6	3.1	4.7	3.1	4.7	3.1
polyunsaturates	g	1.4	0.92	1.5	0.99	1.5	0.99	1.5	0.99
Carbohydrate	g	62.6	41.3	62.5	41.3	62.8	41.5	62.5	41.2
of which: sugars	g	26.4	17.4	27.1	17.9	24.8	16.4	26.8	17.7
lactose	g	0	0	0	0	0	0	0	0
sucrose	g	15.0	9.9	15.0	9.9	15.4	10.2	15.0	9.9
maltose	g	4.2	2.8	4.2	2.8	4.3	2.8	4.2	2.8
fructose	g	5.5	3.6	6.0	3.9	3.1	2.0	5.0	3.3
glucose	g	1.1	0.73	1.2	0.79	1.2	0.79	1.2	0.79
polysaccharides	g	36.6	24.2	36.5	24.1	38.7	25.5	37.4	24.6
Fibre	g	1.0	0.6	1.0	0.6	0.70	0.5	0.80	0.5
Protein	g	16.2	10.7	16.2	10.7	16.2	10.7	16.2	10.7
Nitrogen	g	2.6	1.7	2.6	1.7	2.6	1.7	2.6	1.7
Salt Eq.	g	0.55	0.36	0.55	0.37	0.60	0.40	0.55	0.36
<b>Vitamins</b>									
Vitamin A (RE)	µg	531	350	530	350	530	350	531	350
Vitamin D	µg	8.8	5.8	8.8	5.8	8.8	5.8	8.8	5.8
Vitamin E (α-TE)	mg	8.8	5.8	8.8	5.8	8.8	5.8	8.8	5.8
Vitamin K	µg	53.0	35.0	53.0	35.0	53.0	35.0	53.0	35.0
Vitamin C	mg	53.2	35.1	53.2	35.1	53.2	35.1	53.2	35.1
Thiamin	mg	1.2	0.82	1.2	0.80	1.2	0.80	1.2	0.80
Riboflavin	mg	0.82	0.54	0.82	0.54	0.82	0.54	0.82	0.54
Vitamin B6	mg	1.7	1.1	1.7	1.1	1.7	1.1	1.7	1.1
Niacin (NE)	mg	12.1	7.9	12.1	7.9	12.1	7.9	12.1	7.9
Folic acid	µg	217	143	217	143	217	143	217	143
Vitamin B12	µg	0.80	0.53	0.80	0.53	0.80	0.53	0.80	0.53
Pantothenic acid	mg	4.0	2.7	4.0	2.7	4.0	2.7	4.0	2.7
Biotin	µg	27.3	18.0	27.3	18.0	27.3	18.0	27.3	18.0
<b>Minerals</b>									
Sodium	mg	220	150	220	150	240	160	220	150
	mmol	9.6	6.5	9.6	6.5	10.4	7.0	9.6	6.5
Chloride	mg	389	256	387	256	387	255	387	255
	mmol	11.1	7.3	10.9	7.3	10.9	7.2	10.9	7.2
Potassium	mg	615	406	617	407	627	414	617	407
	mmol	15.8	10.4	15.8	10.4	16.1	10.6	15.8	10.4
Calcium	mg	177	117	177	117	178	117	178	117
	mmol	4.4	2.9	4.4	2.9	4.4	2.9	4.4	2.9
Phosphorus	mg	346	228	346	228	346	229	346	228
	mmol	11.2	7.4	11.2	7.4	11.2	7.4	11.2	7.4
Magnesium	mg	53.0	35.0	53.0	35.0	54.0	36.0	53.0	35.0
	mmol	2.2	1.4	2.2	1.4	2.2	1.5	2.2	1.4
Iron	mg	9.1	6.0	9.1	6.0	9.1	6.0	9.1	6.0
Zinc	mg	3.6	2.4	3.6	2.4	3.6	2.4	3.6	2.4
Copper	µg	790	520	790	520	790	520	790	521
Iodine	µg	60.1	39.7	60.0	39.7	60.1	39.7	60.0	39.7
Selenium	µg	14.0	9.3	14.0	9.3	14.0	9.3	14.0	9.3
Manganese	mg	0.81	0.54	0.81	0.54	0.83	0.55	0.81	0.54
Chromium	µg	7.0	4.6	7.0	4.6	7.0	4.6	7.0	4.6
Molybdenum	µg	16.0	10.6	16.0	10.6	16.0	10.6	16.0	10.6