AYMES®
Improving lives

Certified B Corporation

DATA SHEET
Date of preparation: March 2026 - UK
LIT0326-004

ActaGain® 2.4

ORDER CODES

Flavour	Pip-code
Smooth Vanilla	417 - 3068
Strawberry Burst	417 - 3076
Banana Milkshake	417 - 3084
Starter Pack	416 - 5130

DESCRIPTION

ActaGain 2.4 is a Food for Special Medical Purposes. **ActaGain 2.4** is a nutritionally complete, 2.4kcal/ml, ready-to-drink milkshake-style supplement designed for the dietary management of disease-related malnutrition.

PRESENTATION

ActaGain 2.4 is presented in 200ml bottles. **ActaGain 2.4** is available in 3 flavours: Smooth Vanilla,Strawberry Burst and Banana Milkshake. It is also available in a starter pack containing 3 x 200ml bottles (one of each flavour).

INDICATIONS FOR USE

ACBS approved, prescribable on form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of undernourished patients, inflammatory bowel disease, total gastrectomy, bowel fistulae and disease-related malnutrition.

DIRECTIONS FOR USE

- Shake well before use.
- Best served chilled but may also be served at room temperature.
- Once opened, consume immediately or refrigerate and use within 24 hours.

SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietitian.

IMPORTANT NOTICE

Use under medical supervision. For enteral use only.
ActaGain 2.4 is designed as a supplement to a normal diet and is also suitable as a sole source of nutrition.
Use with caution in children under 11 years of age.
Not suitable for children under 6 years of age.
Not suitable for patients with cow's milk allergy or for those with galactosaemia.

STORAGE

Store in a cool, dry place, below 25°C.

SHELF LIFE

12 months.

INGREDIENTS

SMOOTH VANILLA

Water, Glucose Syrup, Cow's **Milk** Proteins, Vegetable Oils (Rapeseed, Sunflower), Maltodextrin, Sucrose, Natural Vanilla Flavour, Minerals (Potassium Chloride, Magnesium Citrate, Sodium Hydrogen Phosphate, Sodium Citrate, Potassium Citrate, Potassium Hydrogen Phosphate, Mineral Premix (Chromium Chloride, Sodium Molybdate, Potassium Iodide, Copper Gluconate, Sodium Selenite, Manganese Sulphate)), Emulsifiers (Mono and Diglycerides of Fatty Acids, Sunflower Lecithin), Vitamins (Vitamin Premix (Vitamin A, Niacin, Biotin, Vitamin D, Vitamin B12, Vitamin B6, Vitamin K1, Vitamin B1, Vitamin B2, Vitamin E, Pantothenic Acid, Folic Acid), Sodium Ascorbate), Acidity Regulator: Potassium Hydroxide, Colour: Natural Carotene, Choline Chloride, Ferrous Sulphate, Zinc Sulphate.

STRAWBERRY BURST

Water, Glucose Syrup, Cow's **Milk** Proteins, Vegetable Oils (Rapeseed, Sunflower), Maltodextrin, Sucrose, Natural Strawberry Flavour, Minerals (Potassium Chloride, Magnesium Citrate, Sodium Hydrogen Phosphate, Sodium Citrate, Potassium Citrate, Potassium Hydrogen Phosphate, Mineral Premix (Chromium Chloride, Sodium Molybdate, Potassium Iodide, Copper Gluconate, Sodium Selenite, Manganese Sulphate)), Emulsifiers (Mono and Diglycerides of Fatty Acids, Sunflower Lecithin), Vitamins (Vitamin Premix (Vitamin A, Niacin, Biotin, Vitamin D, Vitamin B12, Vitamin B6, Vitamin K1, Vitamin B1, Vitamin B2, Vitamin E, Pantothenic Acid, Folic Acid), Sodium Ascorbate), Acidity Regulator: Potassium Hydroxide, Colour: Carmine, Choline Chloride, Ferrous Sulphate, Zinc Sulphate.

BANANA MILKSHAKE

Water, Glucose Syrup, Cow's **Milk** Proteins, Vegetable Oils (Rapeseed, Sunflower), Maltodextrin, Sucrose, Natural Banana Flavour, Minerals (Potassium Chloride, Magnesium Citrate, Sodium Hydrogen Phosphate, Sodium Citrate, Potassium Citrate, Potassium Hydrogen Phosphate, Mineral Premix (Chromium Chloride, Sodium Molybdate, Potassium Iodide, Copper Gluconate, Sodium Selenite, Manganese Sulphate), Emulsifiers (Mono and Diglycerides of Fatty Acids, Sunflower Lecithin), Vitamins (Vitamin Premix (Vitamin A, Niacin, Biotin, Vitamin D, Vitamin B12, Vitamin B6, Vitamin K1, Vitamin B1, Vitamin B2, Vitamin E, Pantothenic Acid, Folic Acid), Sodium Ascorbate), Acidity Regulator: Potassium Hydroxide, Colour: Natural Carotene, Choline Chloride, Ferrous Sulphate, Zinc Sulphate.

All flavours of Actagain 2.4 are made from a gluten-free recipe and are suitable for vegetarians (excluding Strawberry Bust) and halal diets. Check allergens.

OTHER INFORMATION

Potential Renal Solute Load		mOsm/l	736
Osmolality		mOsm/kg	1150
Osmolarity		mOsm/l	730
Energy Distribution	Protein	%	16
	Carbohydrate	%	48
	Fat	%	36
	Fibre	%	0.0

NUTRITIONAL COMPOSITION

Flavour		SMOOTH VANILLA		STRAWBERRY BURST		BANANA MILKSHAKE	
Typical values		per 100ml	per 200ml serving	per 100ml	per 200ml serving	per 100ml	per 200ml serving
Energy	kJ	1008	2016	1008	2016	1008	2016
	kcal	240	480	240	480	240	480
Fat	g	9.6	19.2	9.6	19.2	9.6	19.2
of which saturates		0.9	1.8	0.9	1.8	0.9	1.8
Carbohydrate	g	29	58	29	58	29	58
of which sugars	g	8.0	16.0	8.0	16.0	8.0	16.0
Fibre	g	0	0	0	0	0	0
Protein	g	9.6	19.2	9.6	19.2	9.6	19.2
Salt	g	0.23	0.46	0.23	0.46	0.23	0.46
Vitamins							
Vitamin A (RE)	µg	200	400	200	400	200	400
Vitamin D	µg	2.2	4.4	2.2	4.4	2.2	4.4
Vitamin K	µg	13	26	13	26	13	26
Vitamin C	mg	24	48	24	48	24	48
Thiamin	mg	0.40	0.80	0.40	0.80	0.40	0.80
Riboflavin	mg	0.40	0.80	0.40	0.80	0.40	0.80
Vitamin B6	mg	0.40	0.80	0.40	0.80	0.40	0.80
Niacin (NE)	mg	5.5	11	5.5	11	5.5	11
Folic Acid	µg	60.0	120	60.0	120	60.0	120
Vitamin B12	µg	0.80	1.6	0.80	1.6	0.80	1.6
Pantothenic acid	mg	1.3	2.6	1.3	2.6	1.3	2.6
Biotin	µg	8.0	16	8.0	16	8.0	16
Vitamin E (alpha TE)	mg	3.2	6.4	3.2	6.4	3.2	6.4
Minerals							
Sodium	mg	95.0	190.0	95.0	190.0	95.0	190.0
	mmol	4.13	8.26	4.13	8.26	4.13	8.26
Chloride	mg	106	212	106	212	106	212
	mmol	2.99	5.97	2.99	5.97	2.99	5.97
Potassium	mg	220	440	220	440	220	440
	mmol	5.64	11.3	5.64	11.3	5.64	11.3
Calcium	mg	205	410	205	410	205	410
	mmol	5.13	10.3	5.13	10.3	5.13	10.3
Phosphorus	mg	186	372	186	372	186	372
	mmol	6.00	12.0	6.00	12.0	6.00	12.0
Magnesium	mg	30.0	60.0	30.0	60.0	30.0	60.0
	mmol	1.23	2.47	1.23	2.47	1.23	2.47
Iron	mg	3.4	6.8	3.4	6.8	3.4	6.8
Zinc	mg	2.9	5.8	2.9	5.8	2.9	5.8
Copper	mg	0.43	0.86	0.43	0.86	0.43	0.86
Iodine	µg	32.0	64.0	32.0	64.0	32.0	64.0
Selenium	µg	14	27	14	27	14	27
Manganese	mg	0.80	1.6	0.80	1.6	0.80	1.6
Chromium	µg	16	32	16	32	16	32
Molybdenum	µg	24	48	24	48	24	48
Choline	mg	25	50	25	50	25	50

AYMES® International Ltd, **www.aymes.com** Customer Care **0800 678 5145** Unit B, Sunnyhills Rd, Leek, England, ST13 5RJ, **UK**
www.aymes.com Careline (callsave) **1800 937 021** Landscape House Business Centre, Dublin 22, D22 P3K7, **ROI**