

ActaSolve® SHAKE COMPACT



ORDER CODES

Flavour	Pip-code
Simply Neutral	388 - 6371
Smooth Vanilla	389 - 7337
Banana Milkshake	389 - 7352
Strawberry Burst	389 - 7345
Classic Chocolate	389 - 7360
Warm Ginger	416 - 2426
Starter Pack	395 - 2496

DESCRIPTION

ActaSolve Shake Compact is a Food for Special Medical Purposes. **ActaSolve Shake Compact** is a high energy oral nutritional supplement based on skimmed milk powder with added carbohydrate, fat, vitamins and minerals designed for the dietary management of patients with or at risk of disease-related malnutrition.

PRESENTATION

ActaSolve Shake Compact is presented in cartons, each carton containing 7 x 57g sachets. It is available in 6 flavours: Simply Neutral, Smooth Vanilla, Strawberry Burst, Banana Milkshake, Classic Chocolate and Warm Ginger. **ActaSolve Shake Compact** is also available in a Starter Pack containing 6 x 57g sachets (one of each flavour) plus a shaker.

INDICATIONS FOR USE

ACBS approved, prescribable on form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of undernourished patients, inflammatory bowel disease, total gastrectomy, bowel fistulae and disease-related malnutrition.

DIRECTIONS FOR USE

Each sachet of **ActaSolve Shake Compact** should be reconstituted with whole milk to meet the stated nutritional, or use water if preferred. It is best served cold, but can be made up hot, if preferred.

Mixing instructions when using a shaker:

DO NOT USE SHAKER WITH HOT LIQUIDS

1. First pour 100ml of whole milk into the shaker and then add one 57g sachet of **ActaSolve Shake Compact**.
2. Replace the lid making sure it is securely fastened and shake vigorously.
3. Decant into your glass or mug to drink, or refrigerate in the shaker or another suitable container for up to 24 hours.

Mixing instructions when using a whisk or fork:

WORKS FOR HOT AND COLD LIQUIDS

1. First pour 100ml whole milk into the glass or mug and then add one 57g sachet of **ActaSolve Shake Compact**.
2. Mix thoroughly with a whisk or fork.
3. Drink immediately or refrigerate for up to 24 hours.

ActaSolve Shake Compact can also be added to sweet & savoury foods.

SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietician.

IMPORTANT NOTICE

Use under medical supervision.

For enteral use only.

ActaSolve Shake Compact is designed as a supplement to a normal diet and is not suitable as a sole source of nutrition.

Not suitable for children under 3 years of age.

Use with caution in children under 6 years of age.

Monitor fluid intake to ensure adequate hydration status.

Not suitable for patients with cow's milk allergy or for those with galactosaemia.

STORAGE

Store away from light, under dry, clean, and cool conditions (5° - 20° C).

Once reconstituted **ActaSolve Shake Compact** may be stored for up to 24 hours in a refrigerator. Stir before drinking.

SHELF LIFE

18 months.

INGREDIENTS

SIMPLY NEUTRAL

Skimmed Milk Powder, Palm fat, Glucose Syrup, Maltodextrin, Sugar, Whey Protein Concentrate (Milk), Vitamins & Minerals (Potassium Dihydrogen Phosphate, Sodium Ascorbate, DL-Alpha Tocopheryl Acetate, Ferrus Sulphate, Nicotinamide, Zinc Sulphate, Potassium Iodide, Retinyl Acetate, Calcium-D-Pantothenate, Cholecalciferol, D-Biotin, Sodium Selenite, Pyridoxine Hydrochloride, Folic Acid, Copper Sulphate, Manganese Sulphate, Thiamine Mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium-Chloride, Sodium Molybdate), Tri-Magnesium Dicitrate.

SMOOTH VANILLA

Skimmed Milk Powder, Palm Fat, Glucose Syrup, Maltodextrin, Sugar, Whey Protein Concentrate (Milk), Natural Flavouring, Vitamins & Minerals (Potassium Dihydrogen Phosphate, Sodium Ascorbate, DL-Alpha Tocopheryl Acetate, Ferrus Sulphate, Nicotinamide, Zinc Sulphate, Potassium Iodide, Retinyl Acetate, Calcium-D-Pantothenate, Cholecalciferol, D-Biotin, Sodium Selenite, Pyridoxine Hydrochloride, Folic Acid, Copper Sulphate, Manganese Sulphate, Thiamine Mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium-Chloride, Sodium Molybdate), Tri Magnesium Dicitrate, Colour: Carotene.

BANANA MILKSHAKE

Skimmed Milk Powder, Palm fat, Glucose Syrup, Maltodextrin, Sugar, Whey Protein Concentrate (Milk), Natural flavourings, Vitamins & Minerals (Potassium Dihydrogen Phosphate, Sodium Ascorbate, DL-Alpha Tocopheryl Acetate, Ferrus Sulphate, Nicotinamide, Zinc Sulphate, Potassium Iodide, Retinyl Acetate, Calcium-D-Pantothenate, Cholecalciferol, D-Biotin, Sodium Selenite, Pyridoxine Hydrochloride, Folic Acid, Copper Sulphate, Manganese Sulphate, Thiamine Mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium-Chloride, Sodium Molybdate), Tri Magnesium Dicitrate, Colour: Carotene.

STRAWBERRY BURST

Skimmed Milk Powder, Palm Fat, Glucose Syrup, Maltodextrin, Sugar, Whey Protein Concentrate (Milk), Natural Flavouring, Vitamins & Minerals (Potassium Dihydrogen Phosphate, Sodium Ascorbate, DL-Alpha Tocopheryl Acetate, Ferrus Sulphate, Nicotinamide, Zinc Sulphate, Potassium Iodide, Retinyl Acetate, Calcium-D-Pantothenate, Cholecalciferol, D-Biotin, Sodium Selenite, Pyridoxine Hydrochloride, Folic Acid, Copper Sulphate, Manganese Sulphate, Thiamine Mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium-Chloride, Sodium Molybdate), Tri Magnesium Dicitrate, Colour: Beetroot Red.

CLASSIC CHOCOLATE

Skimmed Milk Powder, Palm Fat, Glucose Syrup, Maltodextrin, Whey Protein Concentrate (Milk), Sugar, Reduced Fat Cocoa Powder, Natural Flavourings, Vitamins & Minerals (Potassium Dihydrogen Phosphate, Sodium Ascorbate, DL-Alpha Tocopheryl Acetate, Ferrus Sulphate, Nicotinamide, Zinc Sulphate, Potassium Iodide, Retinyl Acetate, Calcium-D-Pantothenate, Cholecalciferol, D-Biotin, Sodium Selenite, Pyridoxine Hydrochloride, Folic Acid, Copper Sulphate, Manganese Sulphate, Thiamine Mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium-Chloride, Sodium Molybdate), Tri Magnesium Dicitrate, Thickener: Xanthan Gum.

WARM GINGER

Skimmed Milk powder, Palm fat, Glucose Syrup, Maltodextrin, Sugar, Whey Protein Concentrate (Milk), Natural flavourings, Caramelised Sugar Syrup, Vitamins & Minerals (Potassium Dihydrogen Phosphate, Sodium Ascorbate, DL-Alpha Tocopheryl Acetate, Ferrus Sulphate, Nicotinamide, Zinc Sulphate, Potassium Iodide, Retinyl Acetate, Calcium-D-Pantothenate, Cholecalciferol, D-Biotin, Sodium Selenite, Pyridoxine Hydrochloride, Folic Acid, Copper Sulphate, Manganese Sulphate, Thiamine Mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium-Chloride, Sodium Molybdate), Tri Magnesium Dicitrate.

May contain: Egg, Soya and Sulphites.

All flavours of ActaSolve Shake Compact are gluten-free, Halal and are suitable for vegetarians.

OTHER INFORMATION*

Osmolarity		mOsmol/l	1118*
Osmolality		mOsmol/kg H2O	1920*
Potential Renal Solute Load		mOsmol/l	892*
Energy Distribution	Protein	%	20
	Carbohydrate	%	46
	Fat	%	34
	Fibre	%	0

*based on Warm Ginger flavour made up with 100ml of whole milk. Other flavours are similar, for details please contact AYMES® International.

NUTRITIONAL COMPOSITION

Flavour	SIMPLY NEUTRAL		SMOOTH VANILLA		BANANA MILKSHAKE		STRAWBERRY BURST		CLASSIC CHOCOLATE		WARM GINGER		
	Per 100g powder	Per 57g sachet + 100ml whole milk	Per 100g powder	Per 57g sachet + 100ml whole milk	Per 100g powder	Per 57g sachet + 100ml whole milk	Per 100g powder	Per 57g sachet + 100ml whole milk	Per 100g powder	Per 57g sachet + 100ml whole milk	Per 100g powder	Per 57g sachet + 100ml whole milk	
Typical values													
Energy	kJ	1863	1335	1854	1330	1842	1323	1854	1330	1850	1327	1840	1322
	kcal	443	317	440	316	438	315	440	316	440	316	437	314
Fat	g	15	12	14	12	14	12	15	12	16	13	15	12
of which saturates	g	8.0	6.9	7.9	6.9	8.0	6.9	8.0	6.9	8.6	7.3	8.0	6.9
Carbohydrate	g	57	37	57	37	56	37	57	37	53	35	56	36
of which sugars	g	40	27	39	27	39	27	40	27	36	25	39	27
Fibre	g	<0.5	<0.5	<0.5	<0.5	<0.5	<0.5	<0.5	<0.5	2.1	1.2	<0.5	<0.5
Protein	g	21	16	21	16	21	15	21	16	21	15	21	16
Salt	g	0.68	0.50	0.68	0.50	0.69	0.50	0.68	0.50	0.59	0.44	0.67	0.49
Vitamins													
Vitamin A (RE)	µg	530	341	530	341	530	341	530	341	530	341	530	341
Vitamin D	µg	8.8	5.0	8.8	5.0	8.8	5.0	8.8	5.0	8.8	5.0	8.8	5.0
Vitamin K	µg	53	31	53	31	53	31	53	31	53	31	53	31
Vitamin C	mg	59	36	59	36	59	36	59	36	58	35	59	35
Thiamin	mg	1.4	0.83	1.4	0.83	1.4	0.83	1.4	0.83	1.3	0.77	1.4	0.81
Riboflavin	mg	1.5	1.1	1.5	1.1	1.5	1.1	1.5	1.1	1.4	1.0	1.5	1.1
Vitamin B6	mg	2.0	1.2	2.0	1.2	2.0	1.2	2.0	1.2	1.9	1.1	2.0	1.2
Niacin (NE)	mg	12	7.3	12	7.3	12	7.3	12	7.3	13	7.3	12	7.3
Folic acid	µg	202	120	202	120	202	120	202	120	198	118	202	120
Vitamin B12	µg	1.9	1.5	1.9	1.5	1.9	1.5	1.9	1.5	1.7	1.4	1.9	1.5
Pantothenic acid	mg	5.4	3.7	5.4	3.7	5.4	3.7	5.4	3.7	5.2	3.6	5.4	3.7
Biotin	µg	22	15	22	15	22	15	22	15	22	15	22	15
Vitamin E (α - TE)	mg	8.8	5.1	8.8	5.1	8.8	5.1	8.8	5.1	8.8	5.1	8.8	5.1
Minerals													
Sodium	mg	274	199	273	199	277	201	274	199	235	177	269	197
	mmol	11.9	8.67	11.9	8.64	12.0	8.74	11.9	8.67	10.2	7.70	11.7	8.56
Chloride	mg	469	359	468	358	475	362	470	359	385	311	460	354
	mmol	13.2	10.1	13.2	10.1	13.4	10.2	13.2	10.1	10.9	8.78	13.0	10.0
Potassium	mg	738	582	736	581	735	581	739	583	840	640	726	576
	mmol	18.9	14.9	18.8	14.9	18.8	14.9	18.9	14.9	21.5	16.4	18.6	14.7
Calcium	mg	610	471	608	470	591	460	610	471	526	423	601	466
	mmol	15.2	11.8	15.2	11.7	14.7	11.5	15.2	11.8	13.1	10.6	15.0	11.6
Phosphorus	mg	476	370	475	370	467	365	477	371	450	355	469	366
	mmol	15.4	12.0	15.3	11.9	15.1	11.8	15.4	12.0	14.5	11.5	15.2	11.8
Magnesium	mg	88.0	61.5	87.9	61.4	85.6	60.1	88.1	61.5	115	76.7	87.2	61.0
	mmol	3.62	2.53	3.62	2.53	3.52	2.47	3.62	2.53	4.71	3.15	3.59	2.51
Iron	mg	6.8	3.9	6.8	3.9	6.8	3.9	6.8	3.9	6.8	3.9	6.8	3.9
Zinc	mg	4.8	3.3	4.8	3.3	4.8	3.3	4.8	3.3	4.4	3.0	4.7	3.2
Copper	mg	0.50	0.29	0.50	0.29	0.50	0.29	0.50	0.29	0.50	0.29	0.53	0.30
Iodine	µg	90.7	75.4	90.6	75.3	91.2	75.7	90.7	75.4	85.2	72.3	90.1	75.0
Selenium	µg	26	16	26	16	28	17	26	16	24	15	26	16
Manganese	mg	0.60	0.34	0.60	0.34	0.60	0.34	0.60	0.34	0.60	0.34	0.61	0.35
Chromium	µg	7.0	4.0	7.0	4.0	7.0	4.0	7.0	4.0	7.0	4.0	7.0	4.0
Molybdenum	µg	16	9.1	16	9.1	16	9.1	16	9.1	16	9.1	16	9.1