

ActaGain® 2.0 FIBRE



ORDER CODES

Flavour	Pip-code
Café Latte	428 - 5656
Strawberry Burst	428 - 5649
Smooth Vanilla	428 - 5631
Starter Pack	428 - 5664

All flavours of ActaGain 2.0 Fibre are suitable for vegetarians (except Strawberry Burst)

DESCRIPTION

ActaGain 2.0 Fibre is a Food for Special Medical Purposes with sugar and sweetener. ActaGain 2.0 Fibre is a nutritionally complete, 2.0 kcal/ml, ready-to-drink milkshake style supplement with added fibre designed for the dietary management of disease-related malnutrition.

PRESENTATION

ActaGain 2.0 Fibre is presented in 200ml TetraPaks. ActaGain 2.0 Fibre is available in 3 flavours: Smooth Vanilla, Strawberry Burst, Café Latte. It is also available in a Starter Pack containing 3 x 200ml TetraPaks.

INDICATIONS FOR USE

ACBS approved, prescribable on form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of undernourished patients, inflammatory bowel disease, total gastrectomy, bowel fistulae, and disease-related malnutrition.

DIRECTIONS FOR USE

- Shake well before use.
- Best served chilled, but may also be served at room temperature.
- Once opened, consume immediately or refrigerate and use within 24 hours.

SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietitian.

IMPORTANT NOTICE

Use under medical supervision

For enteral use only.

Not suitable for children under 6 years of age.

ActaGain 2.0 Fibre is designed as a supplement to a normal diet and is also suitable as a sole source of nutrition.

Use with caution in children under 11 years of age.

Not suitable for patients with galactosaemia.

STORAGE

Store in a cool, dry place, below 25°C.

SHELF LIFE

18 months.

INGREDIENTS

CAFÉ LATTE

Water, Glucose Syrup, Milk Proteins, Refined High Oleic Sunflower Oil, Fructoligosaccharides, Flavourings, Sodium Chloride, Sodium Phosphate, Magnesium Citrate, Zinc Acetate, Ferrous Lactate, Zinc Sulphate, Sodium Selenite, Copper Sulphate, Manganese Sulphate, Sodium Fluoride, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Decaffeinated Coffee (0.5%), Acidity Regulator (Potassium Hydroxide), Emulsifiers (Soya Lecithin, Citric Acid Esters of Mono- and Diglycerides, Sucrose Esters of Fatty Acids), Retinyl Acetate, Cholecalciferol, DI- α -Tocopheryl Acetate, Phylloquinone, L-Ascorbic Acid, Thiamin Mononitrate, Riboflavin, Nicotinamide, Pyridoxine Hydrochloride, Folic Acid, Cyanocobalamin, D-Biotin, Calcium-D-Pantothenate, Stabiliser (Carrageenan), Sweetener (Acesulfame K).

STRAWBERRY BURST

Water, Glucose Syrup, Milk Proteins, Refined High Oleic Sunflower Oil, Fructoligosaccharides, Flavourings, Sodium Chloride, Sodium Phosphate, Magnesium Citrate, Zinc Acetate, Ferrous Lactate, Zinc Sulphate, Sodium Selenite, Copper Sulphate, Manganese Sulphate, Sodium Fluoride, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Acidity Regulator (Potassium Hydroxide), Emulsifiers (Soya Lecithin, Citric Acid Esters Of Mono- and Diglycerides, Sucrose Esters of Fatty Acids), Retinyl Acetate, Cholecalciferol, DI- α -Tocopheryl Acetate, Phylloquinone, L-Ascorbic Acid, Thiamin Mononitrate, Riboflavin, Nicotinamide, Pyridoxine Hydrochloride, Folic Acid, Cyanocobalamin, D-Biotin, Calcium-D-Pantothenate, Colour (Carmine), Stabiliser (Carrageenan), Sweetener (Acesulfame K).

SMOOTH VANILLA

Water, Glucose Syrup, Milk Proteins, Refined High Oleic Sunflower Oil, Fructoligosaccharides, Flavourings, Sodium Chloride, Sodium Phosphate, Magnesium Citrate, Zinc Acetate, Ferrous Lactate, Zinc Sulphate, Sodium Selenite, Copper Sulphate, Manganese Sulphate, Sodium Fluoride, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Acidity Regulator (Potassium Hydroxide), Emulsifiers (Soya Lecithin, Citric Acid Esters of Mono- and Diglycerides, Sucrose Esters of Fatty Acids), Retinyl Acetate, Cholecalciferol, DI- α -Tocopheryl Acetate, Phylloquinone, L-Ascorbic Acid, Thiamin Mononitrate, Riboflavin, Nicotinamide, Pyridoxine Hydrochloride, Folic Acid, Cyanocobalamin, D-Biotin, Calcium-D-Pantothenate, Stabiliser (Carrageenan), Sweetener (Acesulfame K).

All flavours of ActaGain 2.0 Fibre are gluten-free

OTHER INFORMATION*

Osmolarity (mOsmol/l)	Café Latte = 404	Strawberry Burst = 364	Smooth Vanilla = 390
Osmolality (mOsmol/kg H2O)	Café Latte = 542	Strawberry Burst = 488	Smooth Vanilla = 523
Potential Renal Solute Load*			mOsm/l 1002
	Protein		% 20
	Carbohydrate		% 43
	Fat		% 35
	Fibre		% 0

*Based on ALL FLAVOURS, for details please contact AYMES® International.

NUTRITIONAL COMPOSITION

Flavour	Typical values	CAFÉ LATTE		STRAWBERRY BURST		SMOOTH VANILLA	
		per 100ml serving	per 200ml serving	per 100ml serving	per 200ml serving	per 100ml serving	per 200ml serving
Energy	kJ	855	1710	855	1710	855	1710
	kcal	204	408	204	408	204	408
Fat	g	8.1	16.2	8.1	16.2	8.1	16.2
of which: saturates	g	0.8	1.6	0.8	1.6	0.8	1.6
Polyunsaturates	g	1.2	2.4	1.2	2.4	1.2	2.4
Carbohydrate	g	21.5	43	21.5	43	21.5	43
of which: sugars	g	7.5	15	7.5	15	7.5	15
Fibre	g	2.5	5	2.5	5	2.5	5
Protein	g	10	20	10	20	10	20
Salt	g	0.22	0.44	0.22	0.44	0.22	0.44
Vitamins							
Vitamin A (RE)	µg	109	218	109	218	109	218
Vitamin D	µg	3.1	6.2	3.1	6.2	3.1	6.2
Vitamin E (α-TE)	mg	25	50	25	50	25	50
Vitamin K	µg	28	56	28	56	28	56
Vitamin C	mg	0.4	0.8	0.4	0.8	0.4	0.8
Thiamin	mg	0.4	0.8	0.4	0.8	0.4	0.8
Riboflavin	mg	0.5	1.1	0.5	1.1	0.5	1.1
Vitamin B6	mg	1.9	3.8	1.9	3.8	1.9	3.8
Niacin (NE)	mg	60.2	120	60.2	120	60.2	120
Folic Acid	µg	0.77	1.54	0.77	1.54	0.77	1.54
Vitamin B12	µg	1.9	3.8	1.9	3.8	1.9	3.8
Pantothenic acid	mg	3.8	7.6	3.8	7.6	3.8	7.6
Biotin	µg	3.8	7.6	3.8	7.6	3.8	7.6
Minerals							
Sodium	mg	87	174	87	174	87	174
	mmol	3.78	7.57	3.78	7.57	3.78	7.57
Chloride	mg	92.0	184	92.0	184	92.0	184
	mmol	2.60	5.20	2.60	5.20	2.60	5.20
Potassium	mg	220	440	220	440	220	440
	mmol	5.64	11.3	5.64	11.3	5.64	11.3
Calcium	mg	168	336	168	336	168	336
	mmol	4.20	8.40	4.20	8.40	4.20	8.40
Phosphorus	mg	155	310	155	310	155	310
	mmol	5.00	10.0	5.00	10.0	5.00	10.0
Magnesium	mg	30	60	30	60	30	60
	mmol	1.23	2.47	1.23	2.47	1.23	2.47
Iron	mg	2.3	4.6	2.3	4.6	2.3	4.6
Zinc	mg	2.0	4.0	2.0	4.0	2.0	4.0
Copper	µg	0.34	0.68	0.34	0.68	0.34	0.68
Iodine	µg	51.0	102	51.0	102	51.0	102
Selenium (NE)	µg	14	28	14	28	14	28
Manganese	mg	0.7	1.4	0.7	1.4	0.7	1.4
Chromium	µg	11	22	11	22	11	22
Molybdenum	µg	17	34	17	34	17	34