

Actajuni® SHAKE



ORDER CODES

Flavour	Pip-code
Simply Neutral	418 - 6334
Smooth Vanilla	418 - 6318
Strawberry Burst	418 - 6326
Banana Milkshake	418 - 6300
Classic Chocolate	418 - 6292
Starter Pack	418 - 6854

DESCRIPTION

Actajuni Shake is a Food for Special Medical Purposes (FSMP) and is designed for the dietary management of children with or at risk of developing, disease-related malnutrition and growth failure. **Actajuni Shake** is a powder, based on milk protein with added carbohydrate, fat, a range of vitamins and minerals, which provides a 1.5kcal/ml nutritionally balanced milkshake-style oral nutritional supplement.

PRESENTATION

Actajuni Shake is presented in cartons, each carton containing 7x57g sachets. It is available in 5 flavours: Smooth Vanilla, Strawberry Burst, Banana Milkshake, Classic Chocolate and Simply Neutral. It is also available as a starter pack containing 5 x 57g sachets of mixed flavours and a shaker.

INDICATIONS FOR USE

ACBS approved, prescribable on Form FP10 (GP10 in Scotland) for the following indications in children aged 3 to 10 years and/or weighing up to 35kg, with or at risk of developing, disease-related malnutrition and growth failure.

DIRECTIONS FOR USE

One 57g sachet of **Actajuni Shake** should be reconstituted with 150ml of water. It is best served cold but can be made up hot if preferred.

Mixing instructions when using a shaker:

DO NOT USE SHAKER WITH HOT LIQUIDS

1. First pour 150ml of water into the shaker and then add one 57g sachet of **Actajuni Shake**.
2. Replace the lid making sure it is securely fastened and shake vigorously.
3. Decant into your glass or mug to drink, or refrigerate in the shaker or another suitable container for up to 24 hours.

Mixing instructions when using a whisk or fork (works for hot and cold liquids):

1. First pour **150ml of water** into the glass or mug and then add one 57g sachet of **Actajuni Shake**.
2. Mix thoroughly with a whisk or fork.
3. Drink immediately or refrigerate for up to 24 hours.

SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietitian.

IMPORTANT NOTICE

Use under medical supervision.

For enteral use only.

Actajuni Shake is designed as a supplement to a normal diet and is not suitable as a sole source of nutrition.

Not suitable for infants.

Not suitable for children under 3 years of age.

Not suitable for patients with cow's milk allergy.

Not suitable for children aged between 3-10 years receiving warfarin due to potential drug nutrient interactions.

STORAGE

Store away from light, under dry, clean, and cool conditions (5° - 20° C).

Once reconstituted, **Actajuni Shake** may be stored for up to 24 hours in a refrigerator. Stir before drinking.

SHELF LIFE

12 months.

INGREDIENTS

SIMPLY NEUTRAL

Maltodextrin, Sunflower Oil, **Milk** Proteins, Sugar, Potassium Phosphates, Calcium Carbonate, Salt, Potassium Chloride, Vitamin and Mineral Blend (Potassium dihydrogen phosphate, Sodium ascorbate, DL-alpha tocopherol, Ferrous sulphate, Nicotinamide, Zinc sulphate, Potassium iodide, Retinyl acetate, Calcium-D-pantothenate, Cholecalciferol, D-Biotin, Sodium selenite, Pyridoxine hydrochloride, Folic acid, Copper sulphate, Manganese sulphate, Thiamine mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium trichloride, Sodium molybdate), Emulsifier: Mono- and Diglycerides of Fatty Acids, Calcium Phosphate, Tri Magnesium Dicitrate, Thickener: Xanthan Gum.

SMOOTH VANILLA

Maltodextrin, Sunflower Oil, **Milk** Proteins, Sugar, Natural Flavouring, Potassium Phosphates, Calcium Carbonate, Salt, Potassium Chloride, Vitamin and Mineral Blend (Potassium dihydrogen phosphate, Sodium ascorbate, DL-alpha tocopherol, Ferrous sulphate, Nicotinamide, Zinc sulphate, Potassium iodide, Retinyl acetate, Calcium-D-pantothenate, Cholecalciferol, D-Biotin, Sodium selenite, Pyridoxine hydrochloride, Folic acid, Copper sulphate, Manganese sulphate, Thiamine mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium trichloride, Sodium molybdate), Emulsifier: Mono- and Diglycerides of Fatty Acids, Calcium Phosphate, Tri Magnesium Dicitrate, Thickener: Xanthan Gum.

STRAWBERRY BURST

Maltodextrin, Sunflower Oil, **Milk** Proteins, Sugar, Natural Flavouring, Potassium Phosphates, Calcium Carbonate, Salt, Potassium Chloride, Vitamin and Mineral Blend (Potassium dihydrogen phosphate, Sodium ascorbate, DL-alpha tocopherol, Ferrous sulphate, Nicotinamide, Zinc sulphate, Potassium iodide, Retinyl acetate, Calcium-D-pantothenate, Cholecalciferol, D-Biotin, Sodium selenite, Pyridoxine hydrochloride, Folic acid, Copper sulphate, Manganese sulphate, Thiamine mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium trichloride, Sodium molybdate), Emulsifier: Mono- and Diglycerides of Fatty Acids, Calcium Phosphate, Tri Magnesium Dicitrate, Thickener: Xanthan Gum, Colour: Beetroot.

BANANA MILKSHAKE

Maltodextrin, Sunflower Oil, **Milk** Proteins, Sugar, Natural Flavouring, Potassium Phosphates, Calcium Carbonate, Salt, Potassium Chloride, Vitamin and Mineral Blend (Potassium dihydrogen phosphate, Sodium ascorbate, DL-alpha tocopherol, Ferrous sulphate, Nicotinamide, Zinc sulphate, Potassium iodide, Retinyl acetate, Calcium-D-pantothenate, Cholecalciferol, D-Biotin, Sodium selenite, Pyridoxine hydrochloride, Folic acid, Copper sulphate, Manganese sulphate, Thiamine mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium trichloride, Sodium molybdate), Emulsifier: Mono- and Diglycerides of Fatty Acids, Calcium Phosphate, Tri Magnesium Dicitrate, Thickener: Xanthan Gum, Colour: Carotene.

CLASSIC CHOCOLATE

Maltodextrin, Sunflower Oil, **Milk** Proteins, Sugar, Cocoa Powder (6%), Natural Flavouring, Calcium Carbonate, Salt, Potassium Chloride, Vitamin and Mineral Blend (Potassium dihydrogen phosphate, Sodium ascorbate, DL-alpha tocopherol, Ferrous sulphate, Nicotinamide, Zinc sulphate, Potassium iodide, Retinyl acetate, Calcium-D-pantothenate, Cholecalciferol, D-Biotin, Sodium selenite, Pyridoxine hydrochloride, Folic acid, Copper sulphate, Manganese sulphate, Thiamine mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium trichloride, Sodium molybdate), Emulsifier: Mono- and Diglycerides of Fatty Acids, Calcium Phosphate, Potassium Phosphates, Tri Magnesium Dicitrate, Thickener: Xanthan Gum.

May contain: **Egg, Soya and Sulphites**

All flavours of Actajuni Shake
are gluten-free and are suitable for vegetarians.

OTHER INFORMATION*

Osmolarity	mOsmol/l*	397
Osmolality	mOsmol/kg H2O*	573
Potential Renal Solute Load	mOsmol/l*	368
Energy Distribution	Protein	% 11
	Carbohydrate	% 43
	Fat	% 46
	Fibre	% 0

*Based on Smooth Vanilla Flavour made up with 150ml water.

NUTRITIONAL COMPOSITION

Flavour		SIMPLY NEUTRAL		SMOOTH VANILLA		STRAWBERRY BURST		BANANA MILKSHAKE		CLASSIC CHOCOLATE	
		Per 100g powder	Per 57g sachet + 150ml water	Per 100g powder	Per 57g sachet + 150ml water	Per 100g powder	Per 57g sachet + 150ml water	Per 100g powder	Per 57g sachet + 150ml water	Per 100g powder	Per 57g sachet + 150ml water
Typical values											
Energy	KJ	2112	1204	2113	1204	2099	1196	2109	1202	2101	1198
	kcal	504	288	505	288	501	286	504	287	502	286
Fat	g	26	15	26	15	26	15	26	15	26	15
of which saturates	g	3.0	1.7	3.1	1.8	3.0	1.7	3.0	1.7	3.3	1.9
Carbohydrate	g	54	31	54	31	53	30	54	31	51	29
of which sugars	g	21	12	21	12	21	12	21	12	22	13
Fibre	g	<0.5	<0.5	<0.5	<0.5	<0.5	<0.5	<0.5	<0.5	1.9	1.1
Protein	g	14	8.0	14	8.0	14	8.0	14	8.0	14	8.0
Salt	g	0.55	0.32	0.55	0.31	0.55	0.31	0.56	0.32	0.55	0.32
Vitamins											
Vitamin A (RE)	µg	585	333	587	334	585	333	585	333	586	334
Vitamin D	µg	9.7	5.5	9.7	5.6	9.7	5.5	9.7	5.5	9.7	5.5
Vitamin K	µg	58	33	59	33	58	33	58	33	58	33
Vitamin C	mg	58	33	59	33	58	33	58	33	58	33
Thiamin	mg	1.3	0.75	1.3	0.76	1.3	0.75	1.3	0.75	1.3	0.76
Riboflavin	mg	0.88	0.50	0.89	0.50	0.88	0.50	0.88	0.50	0.90	0.51
Vitamin B6	mg	1.9	1.1	1.9	1.1	1.9	1.1	1.9	1.1	1.9	1.1
Niacin (NE)	mg	13	7.6	13	7.6	13	7.6	13	7.5	13	7.6
Folic Acid	µg	199	113	199	114	199	113	199	113	199	113
Vitamin B12	µg	0.88	0.50	0.89	0.50	0.88	0.50	0.88	0.50	0.88	0.50
Pantothenic acid	mg	4.4	2.5	4.4	2.5	4.4	2.5	4.4	2.5	4.5	2.6
Biotin	µg	24	14	24	14	24	14	24	14	24	14
Vitamin E (alpha TE)	mg	9.7	5.5	9.7	5.6	9.7	5.5	9.7	5.5	9.9	5.6
Minerals											
Sodium	mg	220	128	220	124	220	124	224	128	220	128
	mmol	9.57	5.57	9.57	5.39	9.57	5.39	9.74	5.57	9.57	5.57
Chloride	mg	433	247	433	247	433	247	433	247	447	255
	mmol	12.2	6.95	12.2	6.95	12.2	6.95	12.2	6.95	12.6	7.18
Potassium	mg	594	339	594	339	594	339	594	339	596	340
	mmol	16.8	9.56	16.8	9.56	16.8	9.56	16.8	9.57	16.8	9.59
Calcium	mg	359	204	355	203	357	203	362	206	361	206
	mmol	8.97	5.11	8.88	5.06	8.92	5.08	9.06	5.16	9.02	5.14
Phosphorus	mg	289	165	289	165	289	165	289	165	225	128
	mmol	9.31	5.31	9.32	5.31	9.31	5.31	9.31	5.31	7.24	4.13
Magnesium	mg	62.5	35.6	62.5	35.6	62.5	35.6	62.5	35.6	58.0	33.1
	mmol	2.57	1.47	2.57	1.47	2.57	1.47	2.57	1.47	2.39	1.36
Iron	mg	7.4	4.2	7.4	4.2	7.4	4.2	7.4	4.2	7.3	4.2
Zinc	mg	3.3	1.9	3.3	1.9	3.3	1.9	3.3	1.9	3.7	2.1
Copper	mg	0.58	0.33	0.59	0.33	0.58	0.33	0.58	0.33	0.60	0.33
Iodine	µg	66.2	37.7	66.4	37.8	66.2	37.7	66.2	37.7	66.2	37.7
Selenium	µg	15	8.8	15	8.8	15	8.8	15	8.8	15	8.8
Manganese	mg	0.67	0.38	0.68	0.38	0.67	0.38	0.67	0.38	0.67	0.38
Chromium	µg	7.7	4.4	7.8	4.4	7.7	4.4	7.7	4.4	7.7	4.4
Molybdenum	µg	18	10	18	10	18	10	18	10	18	10