

ActaSolve® SHAKE



ORDER CODES

Flavour	Pip-code
Simply Neutral	374 - 8993
Smooth Vanilla	374 - 9017
Banana Milkshake	374 - 9033
Strawberry Burst	374 - 9009
Classic Chocolate	374 - 9025
Warm Ginger	415 - 0397
Starter Pack	384 - 9643

DESCRIPTION

ActaSolve Shake is a Food for Special Medical Purposes. **ActaSolve Shake** is a high energy oral nutritional supplement based on skimmed milk powder with added carbohydrate, fat, vitamins and minerals designed for the dietary management of patients with or at risk of disease-related malnutrition.

PRESENTATION

ActaSolve Shake is presented in cartons, each carton containing 7 x 57g sachets. It is also presented as a 1.6kg tub (28 servings) with a scoop (each scoop weighs approximately 28.5g.) It is available in 6 flavours: Simply Neutral, Smooth Vanilla, Strawberry Burst, Banana Milkshake, Classic Chocolate and Warm Ginger. **ActaSolve Shake** is also available in a Starter Pack containing 6 x 57g sachets (one of each flavour) plus a shaker.

INDICATIONS FOR USE

ACBS approved, prescribable on form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of undernourished patients, inflammatory bowel disease, total gastrectomy, bowel fistulae and disease-related malnutrition.

DIRECTIONS FOR USE

Each sachet of **ActaSolve Shake** should be reconstituted with 200ml of whole milk to meet the stated nutritional, or use water if preferred. It is best served cold, but can be made up hot, if preferred.

Mixing instructions when using a shaker:

DO NOT USE SHAKER WITH HOT LIQUIDS

1. First pour 200ml of whole milk into the shaker and then add one 57g sachet of **ActaSolve Shake**.
2. Replace the lid making sure it is securely fastened and shake vigorously.
3. Decant into your glass or mug to drink, or refrigerate in the shaker or another suitable container for up to 24 hours.

Mixing instructions when using a whisk or fork:

WORKS FOR HOT AND COLD LIQUIDS

1. First pour 200ml whole milk into the glass or mug and then add one 57g sachet of **ActaSolve Shake**.
2. Mix thoroughly with a whisk or fork.
3. Drink immediately or refrigerate for up to 24 hours.

ActaSolve Shake can also be added to sweet & savoury foods.

SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietitian.

INGREDIENTS

SIMPLY NEUTRAL

Skimmed **Milk** Powder, Palm Fat, Glucose Syrup, Maltodextrin, Sugar, Whey Protein Concentrate (**Milk**), Vitamins & Minerals (Potassium Dihydrogen Phosphate, Sodium Ascorbate, DL-Alpha Tocopheryl Acetate, Ferrous Sulphate, Nicotinamide, Zinc Sulphate, Potassium Iodide, Retinyl Acetate, Calcium-D-Pantothenate, Cholecalciferol, D-Biotin, Sodium Selenite, Pyridoxine Hydrochloride, Folic Acid, Copper Sulphate, Manganese Sulphate, Thiamine Mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium-Chloride, Sodium Molybdate), Trimagnesium Dicitrate.

SMOOTH VANILLA

Skimmed **Milk** Powder, Palm Fat, Glucose Syrup, Maltodextrin, Sugar, Whey Protein Concentrate (**Milk**), Natural Flavouring, Vitamins & Minerals (Potassium Dihydrogen Phosphate, Sodium Ascorbate, DL-Alpha Tocopheryl Acetate, Ferrous Sulphate, Nicotinamide, Zinc Sulphate, Potassium Iodide, Retinyl Acetate, Calcium-D-Pantothenate, Cholecalciferol, D-Biotin, Sodium Selenite, Pyridoxine Hydrochloride, Folic Acid, Copper Sulphate, Manganese Sulphate, Thiamine Mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium-Chloride, Sodium Molybdate), Trimagnesium Dicitrate, Colour: Carotene.

BANANA MILKSHAKE

Skimmed **Milk** Powder, Palm Fat, Glucose Syrup, Maltodextrin, Sugar, Whey Protein Concentrate (**Milk**), Natural Flavourings, Vitamins & Minerals (Potassium Dihydrogen Phosphate, Sodium Ascorbate, DL-Alpha Tocopheryl Acetate, Ferrous Sulphate, Nicotinamide, Zinc Sulphate, Potassium Iodide, Retinyl Acetate, Calcium-D-Pantothenate, Cholecalciferol, D-Biotin, Sodium Selenite, Pyridoxine Hydrochloride, Folic Acid, Copper Sulphate, Manganese Sulphate, Thiamine Mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium-Chloride, Sodium Molybdate), Trimagnesium Dicitrate, Colour: Carotene.

STRAWBERRY BURST

Skimmed **Milk** Powder, Palm Fat, Glucose Syrup, Maltodextrin, Sugar, Whey Protein Concentrate (**Milk**), Natural Flavouring, Vitamins & Minerals (Potassium Dihydrogen Phosphate, Sodium Ascorbate, DL-Alpha Tocopheryl Acetate, Ferrous Sulphate, Nicotinamide, Zinc Sulphate, Potassium Iodide, Retinyl Acetate, Calcium-D-Pantothenate, Cholecalciferol, D-Biotin, Sodium Selenite, Pyridoxine Hydrochloride, Folic Acid, Copper Sulphate, Manganese Sulphate, Thiamine Mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium-Chloride, Sodium Molybdate), Trimagnesium Dicitrate, Colour: Beetroot Red.

CLASSIC CHOCOLATE

Skimmed **Milk** Powder, Palm Fat, Glucose Syrup, Maltodextrin, Whey Protein Concentrate (**Milk**), Sugar, Reduced Fat Cocoa Powder, Natural Flavourings, Vitamins & Minerals (Potassium Dihydrogen Phosphate, Sodium Ascorbate, DL-Alpha Tocopheryl Acetate, Ferrous Sulphate, Nicotinamide, Zinc Sulphate, Potassium Iodide, Retinyl Acetate, Calcium-D-Pantothenate, Cholecalciferol, D-Biotin, Sodium Selenite, Pyridoxine Hydrochloride, Folic Acid, Copper Sulphate, Manganese Sulphate, Thiamine Mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium-Chloride, Sodium Molybdate), Trimagnesium Dicitrate, Thickener: Xanthan Gum.

WARM GINGER

Skimmed **Milk** Powder, Palm Fat, Glucose Syrup, Maltodextrin, Sugar, Whey Protein Concentrate (**Milk**), Natural Flavourings, Caramelised Sugar Syrup, Vitamins & Minerals (Potassium Dihydrogen Phosphate, Sodium Ascorbate, DL-Alpha Tocopheryl Acetate, Ferrous Sulphate, Nicotinamide, Zinc Sulphate, Potassium Iodide, Retinyl Acetate, Calcium-D-Pantothenate, Cholecalciferol, D-Biotin, Sodium Selenite, Pyridoxine Hydrochloride, Folic Acid, Copper Sulphate, Manganese Sulphate, Thiamine Mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium-Chloride, Sodium Molybdate), Trimagnesium Dicitrate.

May contain: **Egg, Soya and Sulphites.**

All flavours of ActaSolve Shake
are gluten-free, halal and are suitable for vegetarians.

OTHER INFORMATION*

Osmolality	mOsmol/l*	863*
Osmolality	mOsmol/kg H2O*	1050*
Potential Renal Solute Load	mOsmol/l*	729*
Energy Distribution*	Protein	% 20
	Carbohydrate	% 43
	Fat	% 38
	Fibre	% 0

*based on Warm Ginger flavour made up with 200ml of whole milk. Other flavours are similar, for details please contact AYMES® International

NUTRITIONAL COMPOSITION

Flavour	SIMPLY NEUTRAL	SMOOTH VANILLA	BANANA MILKSHAKE	STRAWBERRY BURST	CLASSIC CHOCOLATE	WARM GINGER
	Per 100g powder	Per 57g sachet + 200ml whole milk	Per 100g powder	Per 57g sachet + 200ml whole milk	Per 100g powder	Per 57g sachet + 200ml whole milk
Typical values						
Energy	kJ 1863	1608	1854	1603	1842	1596
	kcal 443	382	440	381	438	379
Fat	g 15	16	14	16	14	16
of which saturates	g 8.0	9.3	7.9	9.2	8.0	9.3
Carbohydrate	g 57	42	57	42	56	41
of which sugars	g 40	32	39	32	40	32
Fibre	g 0	0	0	0	0	0
Protein	g 21	19	21	19	21	19
Salt	g 0.68	0.60	0.68	0.60	0.68	0.60
Vitamins						
Vitamin A (RE)	µg 530	381	530	380	530	381
Vitamin D	µg 8.8	5.0	8.8	5.0	8.8	5.0
Vitamin K	µg 53	31	53	31	53	31
Vitamin C	mg 59	38	59	38	59	38
Thiamin	mg 1.4	0.86	1.4	0.86	1.4	0.86
Riboflavin	mg 1.5	1.2	1.5	1.2	1.5	1.2
Vitamin B6	mg 2.0	1.3	2.0	1.3	2.0	1.3
Niacin (NE)	mg 12	7.5	12	7.5	12	7.5
Folic acid	µg 202	125	202	125	202	125
Vitamin B12	µg 1.9	1.9	1.9	1.9	1.9	1.9
Pantothenic acid	mg 5.4	4.3	5.4	4.3	5.4	4.3
Biotin	µg 22	18	22	18	22	18
Vitamin E (α - TE)	mg 8.8	5.1	8.8	5.1	8.8	5.1
Minerals						
Sodium	mg 274	242	272	240	277	244
	mmol 11.9	10.5	11.8	10.4	12.0	10.5
Chloride	mg 469	451	468	450	475	454
	mmol 13.2	12.7	13.2	12.7	13.4	12.8
Potassium	mg 738	744	736	743	735	742
	mmol 18.9	19.0	18.8	19.0	18.8	19.0
Calcium	mg 610	595	608	594	591	584
	mmol 15.2	14.8	15.2	14.8	14.7	14.6
Phosphorus	mg 476	469	475	469	467	464
	mmol 15.4	15.1	15.3	15.1	15.1	15.0
Magnesium	mg 88.0	72.8	87.9	74.0	85.6	71.5
	mmol 3.62	3.00	3.62	3.04	3.52	2.94
Iron	mg 6.8	3.9	6.8	3.9	6.8	3.9
Zinc	mg 4.8	3.8	4.8	3.8	4.8	3.8
Copper	mg 0.50	0.29	0.50	0.29	0.50	0.29
Iodine	µg 90.7	99.1	90.6	99.0	91.2	99.4
Selenium	µg 26	17	26	17	28	18
Manganese	mg 0.60	0.34	0.60	0.34	0.60	0.34
Chromium	µg 7.0	4.0	7.0	4.0	7.0	4.0
Molybdenum	µg 16	9.1	16	9.1	16	9.1

IMPORTANT NOTICE

Use under medical supervision.

For enteral use only.

ActaSolve Shake is designed as a supplement to a normal diet and is not suitable as a sole source of nutrition.

Not suitable for children under 3 years of age.

Use with caution in children under 6 years of age.

Not suitable for patients with cow's milk allergy or for those with galactosaemia.

STORAGE

Store away from light, under dry, clean, and cool conditions (5° - 20° C).

Once reconstituted, **ActaSolve Shake** may be stored for up to 24 hours in a refrigerator. Stir before drinking.

SHELF LIFE

18 months.