

ActaSolve® SHAKE COMPACT



ORDER CODES

Flavour	Pip-code
Simply Neutral	388 - 6371
Smooth Vanilla	389 - 7337
Banana Milkshake	389 - 7352
Strawberry Burst	389 - 7345
Classic Chocolate	389 - 7360
Warm Ginger	416 - 2426
Starter Pack	395 - 2496

DESCRIPTION

ActaSolve Shake Compact is a Food for Special Medical Purposes. **ActaSolve Shake Compact** is a high energy oral nutritional supplement based on skimmed milk powder with added carbohydrate, fat, vitamins and minerals designed for the dietary management of patients with or at risk of disease-related malnutrition.

PRESENTATION

ActaSolve Shake Compact is presented in cartons, each carton containing 7 x 57g sachets. It is available in 6 flavours: Simply Neutral, Smooth Vanilla, Strawberry Burst, Banana Milkshake, Classic Chocolate and Warm Ginger. **ActaSolve Shake Compact** is also available in a Starter Pack containing 6 x 57g sachets (one of each flavour) plus a shaker.

INDICATIONS FOR USE

ACBS approved, prescribable on form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of undernourished patients, inflammatory bowel disease, total gastrectomy, bowel fistulae and disease-related malnutrition.

DIRECTIONS FOR USE

Each sachet of **ActaSolve Shake Compact** should be reconstituted with whole milk to meet the stated nutritional, or use water if preferred. It is best served cold, but can be made up hot, if preferred.

Mixing instructions when using a shaker:

DO NOT USE SHAKER WITH HOT LIQUIDS

1. First pour 100ml of whole milk into the shaker and then add one 57g sachet of **ActaSolve Shake Compact**.
2. Replace the lid making sure it is securely fastened and shake vigorously.
3. Decant into your glass or mug to drink, or refrigerate in the shaker or another suitable container for up to 24 hours.

Mixing instructions when using a whisk or fork:

WORKS FOR HOT AND COLD LIQUIDS

1. First pour 100ml whole milk into the glass or mug and then add one 57g sachet of **ActaSolve Shake Compact**.
2. Mix thoroughly with a whisk or fork.
3. Drink immediately or refrigerate for up to 24 hours.

ActaSolve Shake Compact can also be added to sweet & savoury foods.

SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietitian.

INGREDIENTS

SIMPLY NEUTRAL

Skimmed **Milk** Powder, Palm fat, Glucose Syrup, Maltodextrin, Sugar, Whey Protein Concentrate (**Milk**), Vitamins & Minerals (Potassium Dihydrogen Phosphate, Sodium Ascorbate, DL-Alpha Tocopheryl Acetate, Ferrous Sulphate, Nicotinamide, Zinc Sulphate, Potassium Iodide, Retinyl Acetate, Calcium-D-Pantothenate, Cholecalciferol, D-Biotin, Sodium Selenite, Pyridoxine Hydrochloride, Folic Acid, Copper Sulphate, Manganese Sulphate, Thiamine Mononitrate, Vitamin K1, Riboflavin, Chromium-Chloride, Sodium Molybdate), Tri Magnesium Dicitrate.

SMOOTH VANILLA

Skimmed **Milk** Powder, Palm Fat, Glucose Syrup, Maltodextrin, Sugar, Whey Protein Concentrate (**Milk**), Natural Flavouring, Vitamins & Minerals (Potassium Dihydrogen Phosphate, Sodium Ascorbate, DL-Alpha Tocopheryl Acetate, Ferrous Sulphate, Nicotinamide, Zinc Sulphate, Potassium Iodide, Retinyl Acetate, Calcium-D-Pantothenate, Cholecalciferol, D-Biotin, Sodium Selenite, Pyridoxine Hydrochloride, Folic Acid, Copper Sulphate, Manganese Sulphate, Thiamine Mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium-Chloride, Sodium Molybdate), Tri Magnesium Dicitrate, Colour: Carotene.

BANANA MILKSHAKE

Skimmed **Milk** Powder, Palm fat, Glucose Syrup, Maltodextrin, Sugar, Whey Protein Concentrate (**Milk**), Natural flavourings, Vitamins & Minerals (Potassium Dihydrogen Phosphate, Sodium Ascorbate, DL-Alpha Tocopheryl Acetate, Ferrous Sulphate, Nicotinamide, Zinc Sulphate, Potassium Iodide, Retinyl Acetate, Calcium-D-Pantothenate, Cholecalciferol, D-Biotin, Sodium Selenite, Pyridoxine Hydrochloride, Folic Acid, Copper Sulphate, Manganese Sulphate, Thiamine Mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium-Chloride, Sodium Molybdate), Tri Magnesium Dicitrate, Colour: Carotene.

STRAWBERRY BURST

Skimmed **Milk** Powder, Palm Fat, Glucose Syrup, Maltodextrin, Sugar, Whey Protein Concentrate (**Milk**), Natural Flavouring, Vitamins & Minerals (Potassium Dihydrogen Phosphate, Sodium Ascorbate, DL-Alpha Tocopheryl Acetate, Ferrous Sulphate, Nicotinamide, Zinc Sulphate, Potassium Iodide, Retinyl Acetate, Calcium-D-Pantothenate, Cholecalciferol, D-Biotin, Sodium Selenite, Pyridoxine Hydrochloride, Folic Acid, Copper Sulphate, Manganese Sulphate, Thiamine Mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium-Chloride, Sodium Molybdate), Tri Magnesium Dicitrate, Colour: Beetroot Red.

CLASSIC CHOCOLATE

Skimmed **Milk** Powder, Palm Fat, Glucose Syrup, Maltodextrin, Whey Protein Concentrate (**Milk**), Sugar, Reduced Fat Cocoa Powder, Natural Flavourings, Vitamins & Minerals (Potassium Dihydrogen Phosphate, Sodium Ascorbate, DL-Alpha Tocopheryl Acetate, Ferrous Sulphate, Nicotinamide, Zinc Sulphate, Potassium Iodide, Retinyl Acetate, Calcium-D-Pantothenate, Cholecalciferol, D-Biotin, Sodium Selenite, Pyridoxine Hydrochloride, Folic Acid, Copper Sulphate, Manganese Sulphate, Thiamine Mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium-Chloride, Sodium Molybdate), Tri Magnesium Dicitrate, Thickener: Xanthan Gum.

WARM GINGER

Skimmed **Milk** powder, Palm fat, Glucose Syrup, Maltodextrin, Sugar, Whey Protein Concentrate (**Milk**), Natural flavourings, Caramelised Sugar Syrup, Vitamins & Minerals (Potassium Dihydrogen Phosphate, Sodium Ascorbate, DL-Alpha Tocopheryl Acetate, Ferrous Sulphate, Nicotinamide, Zinc Sulphate, Potassium Iodide, Retinyl Acetate, Calcium-D-Pantothenate, Cholecalciferol, D-Biotin, Sodium Selenite, Pyridoxine Hydrochloride, Folic Acid, Copper Sulphate, Manganese Sulphate, Thiamine Mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium-Chloride, Sodium Molybdate), Tri Magnesium Dicitrate.

May contain: **Egg, Soya and Sulphites.**

All flavours of ActaSolve Shake Compact
are gluten-free, Halal and are suitable for vegetarians.

OTHER INFORMATION*

Osmolarity	mOsmol/l	1118*
Osmolality	mOsmol/kg H2O	1920*
Potential Renal Solute Load	mOsmol/l	892*
Energy	Protein	% 20
Distribution	Carbohydrate	% 46
	Fat	% 34
	Fibre	% 0

*Based on Warm Ginger flavour made up with 100ml of whole milk. Other flavours are similar, for details please contact AYMES® International.

NUTRITIONAL COMPOSITION

Flavour	SIMPLY NEUTRAL	SMOOTH VANILLA	BANANA MILKSHAKE	STRAWBERRY BURST	CLASSIC CHOCOLATE	WARM GINGER
	Per 100g powder	Per 57g sachet + 100ml whole milk	Per 100g powder	Per 57g sachet + 100ml whole milk	Per 100g powder	Per 57g sachet + 100ml whole milk
Typical values						
Energy	kJ 1863	1335	1854	1330	1842	1323
	kcal 443	317	440	316	438	315
Fat	g 15	12	14	12	14	12
of which saturates	g 8.0	6.9	7.9	6.9	8.0	6.9
Carbohydrate	g 57	37	57	37	56	37
of which sugars	g 40	27	39	27	39	27
Fibre	g <0.5	<0.5	<0.5	<0.5	<0.5	<0.5
Protein	g 21	16	21	16	21	15
Salt	g 0.68	0.50	0.68	0.50	0.68	0.50
Vitamins						
Vitamin A (RE)	µg 530	341	530	341	530	341
Vitamin D	µg 8.8	5.0	8.8	5.0	8.8	5.0
Vitamin K	µg 53	31	53	31	53	31
Vitamin C	mg 59	36	59	36	59	36
Thiamin	mg 1.4	0.83	1.4	0.83	1.4	0.83
Riboflavin	mg 1.5	1.1	1.5	1.1	1.5	1.1
Vitamin B6	mg 2.0	1.2	2.0	1.2	2.0	1.2
Niacin (NE)	mg 12	7.3	12	7.3	12	7.3
Folic acid	µg 202	120	202	120	202	120
Vitamin B12	µg 1.9	1.5	1.9	1.5	1.9	1.5
Pantothenic acid	mg 5.4	3.7	5.4	3.7	5.4	3.7
Biotin	µg 22	15	22	15	22	15
Vitamin E (α - TE)	mg 8.8	5.1	8.8	5.1	8.8	5.1
Minerals						
Sodium	mg 274	199	273	199	277	201
	mmol 11.9	8.67	11.9	8.64	12.0	8.74
Chloride	mg 469	359	468	358	475	362
	mmol 13.2	10.1	13.2	10.1	13.4	10.2
Potassium	mg 738	582	736	581	735	581
	mmol 18.9	14.9	18.8	14.9	18.8	14.9
Calcium	mg 610	471	608	470	591	460
	mmol 15.2	11.8	15.2	11.7	14.7	11.5
Phosphorus	mg 476	370	475	370	467	365
	mmol 15.4	12.0	15.3	11.9	15.1	11.8
Magnesium	mg 88.0	61.5	87.9	61.4	85.6	60.1
	mmol 3.62	2.53	3.62	2.53	3.52	2.47
Iron	mg 6.8	3.9	6.8	3.9	6.8	3.9
Zinc	mg 4.8	3.3	4.8	3.3	4.8	3.3
Copper	mg 0.50	0.29	0.50	0.29	0.50	0.29
Iodine	µg 90.7	75.4	90.6	75.3	91.2	75.7
Selenium	µg 26	16	26	16	28	17
Manganese	mg 0.60	0.34	0.60	0.34	0.60	0.34
Chromium	µg 7.0	4.0	7.0	4.0	7.0	4.0
Molybdenum	µg 16	9.1	16	9.1	16	9.1

IMPORTANT NOTICE

Use under medical supervision.

For enteral use only.

ActaSolve Shake Compact is designed as a supplement to a normal diet and is not suitable as a sole source of nutrition.

Not suitable for children under 3 years of age.

Use with caution in children under 6 years of age.

Monitor fluid intake to ensure adequate hydration status.

Not suitable for patients with cow's milk allergy or for those with galactosaemia.

STORAGE

Store away from light, under dry, clean, and cool conditions (5° - 20° C).

Once reconstituted **ActaSolve Shake Compact** may be stored for up to 24 hours in a refrigerator. Stir before drinking.

SHELF LIFE

Warm Ginger: 24 months. All other flavours: 18 months.