

ActaSolve® SMOOTHIE



ORDER CODES

Flavour	Pip-code
Tropical Mango	397 - 2817
Mixed Berry	397 - 2841
Pineapple Greens	397 - 2825
Peach Sunrise	397 - 2833
Starter Pack	408 - 4711

DESCRIPTION

ActaSolve Smoothie is a Food for Special Medical Purposes. **ActaSolve Smoothie** is a powder, based on soya protein isolate with added carbohydrate, fat, vitamins and minerals, designed for the dietary management of patients with or at risk of disease-related malnutrition.

PRESENTATION

ActaSolve Smoothie is presented as wholesale cases of 6 cartons, each carton containing 7 x 66g sachets. It is available in 4 flavours: Tropical Mango; Mixed Berry; Pineapple Greens; Peach Sunrise. **ActaSolve Smoothie** is also available as a Starter Pack containing 4 x 66g sachets (one of each flavour) plus a shaker.

INDICATIONS FOR USE

ACBS approved, prescribable on form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of undernourished patients, inflammatory bowel disease, total gastrectomy, bowel fistulae and disease-related malnutrition.

DIRECTIONS FOR USE

Each sachet of **ActaSolve Smoothie** should be reconstituted with 150ml of water. It is best served cold.

Mixing instructions when using a shaker:

DO NOT USE SHAKER WITH HOT LIQUIDS

1. First pour 150ml of water into the shaker and then add one 66g sachet of **ActaSolve Smoothie**.
2. Replace the lid making sure it is securely fastened and shake vigorously for atleast 30 seconds.
3. Decant into your glass or mug to drink, or refrigerate in the shaker or another suitable container for up to 24 hours.

For best results reconstitution with a shaker is recommended, however, **ActaSolve Smoothie** can also be mixed with a fork or whisk.

SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietitian.

IMPORTANT NOTICE

Use under medical supervision.

For enteral use only.

ActaSolve Smoothie is designed as a supplement to a normal diet and is not suitable as a sole source of nutrition.

Not suitable for children under 3 years of age.

Use with caution in children under 6 years of age.

Not suitable for patients with soya allergy.

ActaSolve Smoothie may contain traces of milk protein.

STORAGE

Store away from light, under dry, clean, and cool conditions (5° - 20° C).

Once reconstituted, **ActaSolve Smoothie** may be stored for up to 24 hours in a refrigerator.

Stir before serving.

SHELF LIFE

18 months.

INGREDIENTS

TROPICAL MANGO Glucose Syrup, **Soya** Protein Isolate, Sugar, Palm Oil, Maltodextrin, Tropical Mango Flavour Blend: (Natural Flavourings, Mango Powder, Pineapple Powder), Emulsifiers: (**Soya** Lecithin, Mono- and Diacetylitaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Potassium Phosphate, Potassium Chloride, Potassium Citrate, Calcium Phosphate, Thickener: Xanthan Gum, Vitamin and Mineral Blend: (Potassium Dihydrogen Phosphate, Sodium Ascorbate, DL-Alpha Tocopherol, Ferrous Sulphate, Nicotinamide, Zinc Sulphate, Potassium Iodide, Retinyl Acetate, Calcium-D-Pantothenate, Cholecalciferol,* D-Biotin, Sodium Selenite, Pyridoxine Hydrochloride, Folic Acid, Copper Sulphate, Manganese Sulphate, Thiamine Mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium Trichloride, Sodium Molybdate), Calcium Carbonate, Magnesium Oxide, Salt, Colour: Carotene.

MIXED BERRY Glucose Syrup, **Soya** Protein Isolate, Sugar, Palm Oil, Maltodextrin, Mixed Berry Flavouring Blend: (Natural Flavourings, Raspberry Powder, Strawberry Powder, Blackcurrant Powder), Emulsifiers: (**Soya** Lecithin, Mono- and Diacetylitaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Potassium Phosphate, Potassium Chloride, Potassium Citrate, Calcium Phosphate, Thickener: Xanthan Gum, Acidity Regulator: Citric Acid, Vitamin and Mineral Blend: (Potassium Dihydrogen Phosphate, Sodium Ascorbate, DL-Alpha Tocopherol, Ferrous Sulphate, Nicotinamide, Zinc Sulphate, Potassium Iodide, Retinyl Acetate, Calcium-D-Pantothenate, Cholecalciferol,* D-Biotin, Sodium Selenite, Pyridoxine Hydrochloride, Folic Acid, Copper Sulphate, Manganese Sulphate, Thiamine Mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium Trichloride, Sodium Molybdate), Calcium Carbonate, Magnesium Oxide, Salt, Colours: (Beetroot, Anthocyanins).

PINEAPPLE GREENS Glucose Syrup, **Soya** Protein Isolate, Sugar, Palm Oil, Maltodextrin, Pineapple Greens Flavouring Blend: (Pineapple Powder, Natural Flavourings, Spinach Powder, Spirulina Extract), Emulsifiers: (**Soya** Lecithin, Mono- and Diacetylitaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Potassium Phosphate, Potassium Chloride, Potassium Citrate, Calcium Phosphate, Acidity Regulator: Citric Acid, Vitamin and Mineral Blend: (Potassium Dihydrogen Phosphate, Sodium Ascorbate, DL-Alpha Tocopherol, Ferrous Sulphate, Nicotinamide, Zinc Sulphate, Potassium Iodide, Retinyl Acetate, Calcium-D-Pantothenate, Cholecalciferol,* D-Biotin, Sodium Selenite, Pyridoxine Hydrochloride, Folic Acid, Copper Sulphate, Manganese Sulphate, Thiamine Mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium Trichloride, Sodium Molybdate), Thickener: Xanthan Gum, Calcium Carbonate, Magnesium Oxide, Sodium Chloride, Colour: Curcumin.

PEACH SUNRISE Glucose Syrup, **Soya** Protein Isolate, Sugar, Palm Oil, Maltodextrin, Peach Sunrise Flavour Blend: (Natural Flavouring, Peach Powder, Raspberry Powder), Emulsifiers: (**Soya** Lecithin, Mono- and Diacetylitaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Potassium Phosphate, Potassium Chloride, Potassium Citrate, Calcium Phosphate, Thickener: Xanthan Gum, Vitamin and Mineral Blend: (Potassium Dihydrogen Phosphate, Sodium Ascorbate, DL-Alpha Tocopherol, Ferrous Sulphate, Nicotinamide, Zinc Sulphate, Potassium Iodide, Retinyl Acetate, Calcium-D-Pantothenate, Cholecalciferol,* D-Biotin, Sodium Selenite, Pyridoxine Hydrochloride, Folic Acid, Copper Sulphate, Manganese Sulphate, Thiamine Mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium Trichloride, Sodium Molybdate), Calcium Carbonate, Magnesium Oxide, Salt, Colours: (Beetroot, Carotene).

*From a plant based source.

All flavours may contain: **Egg, Milk and Sulphites.**

All flavours of ActaSolve Smoothie are gluten-free, halal and suitable for vegetarians & vegans.

OTHER INFORMATION*

Osmolarity	mOsmol/l*	592	
Osmolality	mOsmol/kg H2O*	900	
Potential Renal Solute Load	mOsmol/l*	480	
Energy Distribution	Protein	%	15
	Carbohydrate	%	54
	Fat	%	31
	Fibre	%	0

*based on Tropical Mango flavour made up with 150ml water.

NUTRITIONAL COMPOSITION

Flavour		TROPICAL MANGO		MIXED BERRY		PINEAPPLE GREENS		PEACH SUNRISE	
		Per 100g powder	Per 66g sachet + 150ml water	Per 100g powder	Per 66g sachet + 150ml water	Per 100g powder	Per 66g sachet + 150ml water	Per 100g powder	Per 66g sachet + 150ml water
Typical values									
Energy									
	kJ	1844	1217	1863	1230	1830	1208	1874	1237
	kcal	438	289	443	292	435	287	445	294
Fat	g	15	10	15	10	15	10	15	10
of which saturates	g	8.7	5.7	8.7	5.8	8.9	5.9	8.7	5.8
Carbohydrate	g	60	39	61	40	58	39	61	41
of which sugars	g	26	17	27	18	25	16	27	18
Fibre	g	<0.5	<0.5	<0.5	<0.5	<0.5	<0.5	<0.5	<0.5
Protein	g	16	11	16	11	16	11	16	11
Salt	g	0.58	0.39	0.58	0.38	0.58	0.38	0.59	0.39
Vitamins									
Vitamin A (RE)	µg	504	332	504	332	504	332	504	332
Vitamin D	µg	8.4	5.5	8.4	5.5	8.4	5.5	8.4	5.5
Vitamin K	µg	50	33	50	33	50	33	50	33
Vitamin C	mg	50	33	50	33	50	33	50	33
Thiamin	mg	1.1	0.75	1.1	0.75	1.1	0.75	1.1	0.75
Riboflavin	mg	0.80	0.50	0.80	0.50	0.80	0.50	0.80	0.50
Vitamin B6	mg	1.6	1.1	1.6	1.1	1.6	1.1	1.6	1.1
Niacin (NE)	mg	11	7.5	11	7.5	11	7.5	11	7.5
Folic Acid	µg	171	113	171	113	171	113	171	113
Vitamin B12	µg	0.80	0.50	0.80	0.50	0.80	0.50	0.80	0.50
Pantothenic acid	mg	3.8	2.5	3.8	2.5	3.8	2.5	3.8	2.5
Biotin	µg	21	14	21	14	21	14	21	14
Vitamin E (alpha TE)	mg	8.4	5.5	8.4	5.5	8.4	5.5	8.4	5.5
Minerals									
Sodium	mg	234	154	233	154	233	154	235	155
	mmol	10.2	6.71	10.1	6.68	10.1	6.68	10.2	6.74
Chloride	mg	441	291	440	291	440	290	440	290
	mmol	12.4	8.19	12.4	8.19	12.4	8.17	12.4	8.18
Potassium	mg	644	425	644	425	643	425	644	425
	mmol	16.5	10.9	16.5	10.9	16.5	10.9	16.5	10.9
Calcium	mg	179	118	179	118	178	118	179	118
	mmol	4.48	2.95	4.47	2.96	4.46	2.94	4.46	2.95
Phosphorus	mg	345	228	344	227	341	225	342	226
	mmol	11.1	7.34	11.1	7.32	11.0	7.26	11.0	7.29
Magnesium	mg	53.5	35.3	58.6	38.7	53.4	35.2	53.4	35.3
	mmol	2.20	1.45	2.41	1.59	2.20	1.45	2.20	1.45
Iron	mg	8.8	5.8	8.7	5.8	8.7	5.8	8.7	5.8
Zinc	mg	3.4	2.3	3.4	2.3	3.4	2.3	3.4	2.3
Copper	mg	0.80	0.50	0.80	0.50	0.80	0.50	0.80	0.50
Iodine	µg	57.0	37.6	57.0	37.6	57.0	37.6	57.0	37.6
Selenium	µg	13	8.8	13	8.8	13	8.8	13	8.8
Manganese	mg	0.80	0.52	0.80	0.52	0.80	0.51	0.80	0.51
Chromium	µg	6.6	4.4	6.6	4.4	6.6	4.4	6.6	4.4
Molybdenum	µg	15	10	15	10	15	10	15	10