

# Actagain® 2.4 DAILY



## ORDER CODES

Flavour	Pip-code
Smooth Vanilla	417 - 7127
Strawberry Burst	417 - 7119
Banana Milkshake	417 - 7135
Starter Pack	417 - 7143

## DESCRIPTION

Actagain 2.4 Daily is a Food for Special Medical Purposes. Actagain 2.4 Daily is a nutritionally complete, 2.4kcal/ml, ready-to-drink milkshake-style supplement designed for the dietary management of disease-related malnutrition.

## PRESENTATION

Actagain 2.4 Daily is presented in 250ml bottles. Actagain 2.4 Daily is available in 3 flavours: Smooth Vanilla, Strawberry Burst and Banana Milkshake. It is also available in a starter pack containing 3 x 250ml bottles (one of each flavour).

## INDICATIONS FOR USE

ACBS approved, prescribable on form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of undernourished patients, inflammatory bowel disease, total gastrectomy, bowel fistulae and disease-related malnutrition.

## DIRECTIONS FOR USE

- Shake well before use.
- Best served chilled but may also be served at room temperature.
- Once opened, consume immediately or refrigerate and use within 24 hours.

## SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietitian.

## IMPORTANT NOTICE

Use under medical supervision. For enteral use only.  
Actagain 2.4 Daily is designed as a supplement to a normal diet and is also suitable as a sole source of nutrition.  
Use with caution in children under 11 years of age.  
Not suitable for children under 6 years of age.  
Not suitable for patients with cows' milk intolerance or for those with galactosaemia.

## STORAGE

Store in a cool, dry place, below 25°C.

## SHELF LIFE

12 months.

For more information see [www.aymes.com](http://www.aymes.com)  
or call AYMES Customer Care on 0800 678 5145.

## INGREDIENTS

### SMOOTH VANILLA

Water, Glucose syrup, Milk proteins, Vegetable Oils (Rapeseed, Sunflower), Maltodextrin, Sucrose, Natural vanilla flavour, Minerals (Mineral premix (Chromium chloride, Sodium molybdate, Potassium iodide, Copper gluconate, Sodium selenite, Manganese sulphate), Sodium citrate, Sodium hydrogen phosphate, Potassium citrate, Potassium chloride, Potassium hydrogen phosphate, Magnesium citrate), Emulsifiers (Mono and diglycerides of fatty acids, Sunflower lecithin), Colour: natural carotene, Vitamins (Vitamin premix (Vitamin A, Niacin, Biotin, Vitamin D, Vitamin B12, Vitamin B6, Vitamin K1, Vitamin B1, Vitamin B2, Vitamin E, Pantothenic acid, Folic Acid), Sodium ascorbate), Zinc sulphate, Choline chloride, Acidity regulator: potassium hydroxide, Ferrous sulphate.

### STRAWBERRY BURST

Water, Glucose syrup, Milk proteins, Vegetable Oils (Rapeseed, Sunflower), Maltodextrin, Sucrose, Natural strawberry flavour, Minerals (Mineral premix (Chromium chloride, Sodium molybdate, Potassium iodide, Copper gluconate, Sodium selenite, Manganese sulphate), Sodium citrate, Sodium hydrogen phosphate, Potassium citrate, Potassium chloride, Potassium hydrogen phosphate, Magnesium citrate), Emulsifiers (Mono and diglycerides of fatty acids, Sunflower lecithin), Colour: carmine, Vitamins (Vitamin premix (Vitamin A, Niacin, Biotin, Vitamin D, Vitamin B12, Vitamin B6, Vitamin K1, Vitamin B1, Vitamin B2, Vitamin E, Pantothenic acid, Folic Acid), Sodium ascorbate), Zinc sulphate, Choline chloride, Acidity regulator: potassium hydroxide, Ferrous sulphate.

### BANANA MILKSHAKE

Water, Glucose syrup, Milk proteins, Vegetable Oils (Rapeseed, Sunflower), Maltodextrin, Sucrose, Natural banana flavour, Minerals (Mineral premix (Chromium chloride, Sodium molybdate, Potassium iodide, Copper gluconate, Sodium selenite, Manganese sulphate), Sodium citrate, Sodium hydrogen phosphate, Potassium citrate, Potassium chloride, Potassium hydrogen phosphate, Magnesium citrate), Emulsifiers (Mono and diglycerides of fatty acids, Sunflower lecithin), Colour: natural carotene, Vitamins (Vitamin premix (Vitamin A, Niacin, Biotin, Vitamin D, Vitamin B12, Vitamin B6, Vitamin K1, Vitamin B1, Vitamin B2, Vitamin E, Pantothenic acid, Folic Acid), Sodium ascorbate), Zinc sulphate, Choline chloride, Acidity regulator: potassium hydroxide, Ferrous sulphate.

All flavours of Actagain 2.4 Daily are made from a gluten free recipe and are suitable for vegetarians (excluding Strawberry Burst).  
Check allergens.

## OTHER INFORMATION

Potential Renal Solute Load	mOsm/l	736	
Osmolality	mOsm/kg	1707	
Osmolarity	mOsm/l	1090	
Energy Distribution	Protein	%	16
	Carbohydrate	%	48
	Fat	%	36
	Fibre	%	0.0

## NUTRITIONAL COMPOSITION

Flavour	SMOOTH VANILLA			STRAWBERRY BURST			BANANA MILKSHAKE			
	per 100ml	per 125ml	per 250ml serving	per 100ml	per 125ml	per 250ml serving	per 100ml	per 125ml	per 250ml serving	
Energy	kJ	1008	1260	2520	1008	1260	2520	1008	1260	2520
	kcal	240	300	600	240	300	600	240	300	600
Fat	g	9.6	12.0	24.0	9.6	12.0	24.0	9.6	12.0	24.0
	of which saturates	0.9	1.1	2.3	0.9	1.1	2.3	0.9	1.1	2.3
Carbohydrate	g	29	36	72	29	36	72	29	36	72
	of which sugars	8.0	10.0	20.0	8.0	10.0	20.0	8.0	10.0	20.0
Fibre	g	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Protein	g	9.6	12.0	24.0	9.6	12.0	24.0	9.6	12.0	24.0
Salt	g	0.23	0.29	0.58	0.23	0.29	0.58	0.23	0.29	0.58
<b>Vitamins</b>										
Vitamin A (RE)	µg	200	250	500	200	250	500	200	250	500
Vitamin D	µg	2.2	2.8	5.5	2.2	2.8	5.5	2.2	2.8	5.5
Vitamin K	µg	13	16	33	13	16	33	13	16	33
Vitamin C	mg	24	30	60	24	30	60	24	30	60
Thiamin	mg	0.40	0.50	1.0	0.40	0.50	1.0	0.40	0.50	1.0
Riboflavin	mg	0.40	0.50	1.0	0.40	0.50	1.0	0.40	0.50	1.0
Vitamin B6	mg	0.40	0.50	1.0	0.40	0.50	1.0	0.40	0.50	1.0
Niacin (NE)	mg	5.5	6.9	14	5.5	6.9	14	5.5	6.9	14
Folic Acid	µg	60.0	75.0	150	60.0	75.0	150	60.0	75.0	150
Vitamin B12	µg	0.80	1.0	2.0	0.80	1.0	2.0	0.80	1.0	2.0
Pantothenic acid	mg	1.3	1.6	3.3	1.3	1.6	3.3	1.3	1.6	3.3
Biotin	µg	8.0	10	20	8.0	10	20	8.0	10	20
Vitamin E (alpha TE)	mg	3.2	4.0	8.0	3.2	4.0	8.0	3.2	4.0	8.0
<b>Minerals</b>										
Sodium	mg	95.0	118.8	237.5	95.0	118.8	237.5	95.0	118.8	237.5
	mmol	4.13	5.16	10.3	4.13	5.16	10.3	4.13	5.16	10.3
Chloride	mg	106	133	265	106	133	265	106	133	265
	mmol	2.99	3.73	7.46	2.99	3.73	7.46	2.99	3.73	7.46
Potassium	mg	220	275	550	220	275	550	220	275	550
	mmol	5.64	7.05	14.1	5.64	7.05	14.1	5.64	7.05	14.1
Calcium	mg	205	256	513	205	256	513	205	256	513
	mmol	5.13	6.41	12.8	5.13	6.41	12.8	5.13	6.41	12.8
Phosphorus	mg	186	233	465	186	233	465	186	233	465
	mmol	6.00	7.50	15.0	6.00	7.50	15.0	6.00	7.50	15.0
Magnesium	mg	30.0	37.5	75.0	30.0	37.5	75.0	30.0	37.5	75.0
	mmol	1.23	1.54	3.09	1.23	1.54	3.09	1.23	1.54	3.09
Iron	mg	3.4	4.3	8.5	3.4	4.3	8.5	3.4	4.3	8.5
Zinc	mg	2.9	3.6	7.3	2.9	3.6	7.3	2.9	3.6	7.3
Copper	mg	0.43	0.54	1.1	0.43	0.54	1.1	0.43	0.54	1.1
Iodine	µg	32.0	40.0	80.0	32.0	40.0	80.0	32.0	40.0	80.0
Selenium	µg	14	17	34	14	17	34	14	17	34
Manganese	mg	0.80	1.0	2.0	0.80	1.0	2.0	0.80	1.0	2.0
Chromium	µg	16	20	40	16	20	40	16	20	40
Molybdenum	µg	24	30	60	24	30	60	24	30	60
Choline	mg	25	31	63	25	31	63	25	31	63