

Actagain 2.0



ORDER CODES

Flavour	Pip-code
Neutral	428 - 5672
Smooth Vanilla	417 - 2508
Dulce de Leche	428 - 5706
Café Latte	428 - 5698
Golden Apricot	428 - 5680
Berry Medley	417 - 2482
Starter Pack	428 - 5714

DESCRIPTION

Actagain 2.0 is a Food for Special Medical Purposes. **Actagain 2.0** is a nutritionally complete, 2.0 kcal/ml, ready-to-drink milkshake style supplement, with added sweeteners, designed for the dietary management of disease-related malnutrition.

PRESENTATION

Actagain 2.0 is presented 200ml TetraPaks. **Actagain 2.0** is available in 6 flavours: (Golden Apricot, Neutral, Smooth Vanilla, Berry Medley, Café Latte, Dulce de Leche). It is also available in a Starter Pack containing 6 x 200ml TetraPaks.

INDICATIONS FOR USE

ACBS approved, prescribable on form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of undernourished patients, inflammatory bowel disease, total gastrectomy, bowel fistulae, and disease-related malnutrition.

DIRECTIONS FOR USE

- Shake well before use.
- Can be served chilled but may also be served at room temperature.
- Once opened, consume immediately or refrigerate and use within 24 hours.

All flavours of Actagain 2.0 are gluten free

SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietitian.

IMPORTANT NOTICE

Use under medical supervision
For enteral use only.
Not suitable for children under 6 years of age.
Actagain 2.0 is designed as a supplement to a normal diet and is also suitable as a sole source of nutrition.
Use with caution in children under 11 years of age.
Not suitable for patients with galactosaemia.

STORAGE

Store in a cool, dry place, below 25°C.

SHELF LIFE

18 months.

INGREDIENTS

NEUTRAL

Water, Glucose syrup, Milk protein, High oleic sunflower oil, Sodium chloride, Sodium phosphate, Magnesium citrate, Ferrous lactate, Zinc sulfate, Sodium selenite, Copper sulfate, Manganese sulfate, Sodium fluoride, Chromium chloride, Potassium iodide, Sodium molybdate, Acidity regulator (Potassium hydroxide), Retinyl acetate, Cholecalciferol, DL- α -tocopherol, Phylloquinone, L-Ascorbic acid, Thiamine mononitrate, Riboflavin, Nicotinamide, Pyridoxine hydrochloride, Folic acid, Cyanocobalamin, D-Biotin, Calcium-D-Pantothenate, Stabiliser (Partially hydrolysed guar gum), Emulsifier (Mono- and diglycerides of fatty acids).

SMOOTH VANILLA

Water, Glucose syrup, Milk protein, High oleic sunflower oil, Flavouring, Colour (Caramel), Sodium chloride, Sodium phosphate, Magnesium citrate, Ferrous lactate, Zinc sulfate, Sodium selenite, Copper sulfate, Manganese sulfate, Sodium fluoride, Chromium chloride, Potassium iodide, Sodium molybdate, Acidity regulator (Potassium hydroxide), Retinyl acetate, Cholecalciferol, DL- α -tocopherol, Phylloquinone, L-Ascorbic acid, Thiamine mononitrate, Riboflavin, Nicotinamide, Pyridoxine hydrochloride, Folic acid, Cyanocobalamin, D-Biotin, Calcium-D-Pantothenate, Stabiliser (Partially hydrolysed guar gum), Emulsifier (Mono- and diglycerides of fatty acids), Sweetener (Acesulfame K).

DULCE DE LECHE

Water, Glucose syrup, Milk protein, High oleic sunflower oil, Sodium chloride, Sodium phosphate, Magnesium citrate, Ferrous lactate, Zinc sulfate, Sodium selenite, Copper sulfate, Manganese sulfate, Sodium fluoride, Chromium chloride, Potassium iodide, Sodium molybdate, Acidity regulator (Potassium hydroxide), Retinyl acetate, Cholecalciferol, DL- α -tocopherol acetate, Phylloquinone, L-Ascorbic acid, Thiamine mononitrate, Riboflavin, Nicotinamide, Pyridoxine hydrochloride, Folic acid, Cyanocobalamin, D-Biotin, Calcium-D-Pantothenate, Stabiliser (Partially hydrolysed guar gum), Emulsifier (Mono- and diglycerides of fatty acids), Colour (Caramel), Sweetener (Acesulfame K), Flavourings.

CAFÉ LATTE

Water, Glucose syrup, Milk protein, High oleic sunflower oil, Sodium chloride, Sodium phosphate, Magnesium citrate, Ferrous lactate, Zinc sulfate, Sodium selenite, Copper sulfate, Manganese sulfate, Sodium fluoride, Chromium chloride, Potassium iodide, Sodium molybdate, Acidity regulator (Potassium hydroxide), Flavouring, Soluble decaffeinated coffee (0.3%), Colours (Caramel, Carotene), Retinyl acetate, Cholecalciferol, DL- α -tocopherol, Phylloquinone, L-Ascorbic acid, Thiamine mononitrate, Riboflavin, Nicotinamide, Pyridoxine hydrochloride, Folic acid, Cyanocobalamin, D-Biotin, Calcium-D-Pantothenate, Stabiliser (Partially hydrolysed guar gum), Emulsifier (Mono- and diglycerides of fatty acids), Sweetener (Acesulfame K).

GOLDEN APRICOT

Water, Glucose syrup, Milk protein, High oleic sunflower oil, Sodium chloride, Sodium phosphate, Magnesium citrate, Ferrous lactate, Zinc sulfate, Sodium selenite, Copper sulfate, Manganese sulfate, Sodium fluoride, Chromium chloride, Potassium iodide, Sodium molybdate, Acidity regulator (Potassium hydroxide), Flavour, Retinyl acetate, Cholecalciferol, DL- α -tocopherol, Phylloquinone, L-Ascorbic acid, Thiamine mononitrate, Riboflavin, Nicotinamide, Pyridoxine hydrochloride, Folic acid, Cyanocobalamin, D-Biotin, Calcium-D-Pantothenate, Stabiliser (Partially hydrolysed guar gum), Emulsifier (Mono- and diglycerides of fatty acids), Colours (Curcumin, Carotene), Sweetener (Acesulfame K).

BERRY MEDLEY

Water, Glucose syrup, Milk protein, High oleic sunflower oil, Flavouring, Sodium chloride, Sodium phosphate, Magnesium citrate, Ferrous lactate, Zinc sulfate, Sodium selenite, Copper sulfate, Manganese sulfate, Sodium fluoride, Chromium chloride, Potassium iodide, Sodium molybdate, Acidity regulator (Potassium hydroxide), Retinyl acetate, Cholecalciferol, DL- α -tocopherol, Phylloquinone, L-Ascorbic acid, Thiamine mononitrate, Riboflavin, Nicotinamide, Pyridoxine hydrochloride, Folic acid, Cyanocobalamin, D-Biotin, Calcium-D-Pantothenate, Stabiliser (Partially hydrolysed guar gum), Emulsifier (Mono- and diglycerides of fatty acids), Colour (Carmine), Sweetener (Acesulfame K).

All flavours of Actagain 2.0 are suitable for vegetarians (except Berry Medley)

OTHER INFORMATION*

Osmolarity (mOsmol/l)	Neutral = 301	Dulce de Leche = 416	Golden Apricot = 409
	Smooth Vanilla = 440	Café Latte = 367	Berry Medley = 403
Osmolality (mOsmol/kg H2O)	Neutral = 404	Dulce de Leche = 559	Golden Apricot = 549
	Smooth Vanilla = 591	Café Latte = 493	Berry Medley = 541
Potential Renal Solute Load*	mOsm/l		
Energy Distribution	Protein	%	20
	Carbohydrate	%	45
	Fat	%	35
	Fibre	%	0

*Based on ALL FAVOURS, for details please contact AYMES® International.

NUTRITIONAL COMPOSITION

Flavour	NEUTRAL		SMOOTH VANILLA		DULCE DE LECHE		CAFÉ LATTE		GOLDEN APRICOT		BERRY MEDLEY		
	per 100ml serving	per 200ml serving	per 100ml serving	per 200ml serving	per 100ml serving	per 200ml serving	per 100ml serving	per 200ml serving	per 100ml serving	per 200ml serving	per 100ml serving	per 200ml serving	
Typical values													
Energy	kJ	857	1714	857	1714	857	1714	857	1714	857	1714	857	1714
	kcal	200	400	200	400	200	400	200	400	200	400	200	400
Fat	g	8.0	16.0	8.0	16.0	8.0	16.0	8.0	16.0	8.0	16.0	8.0	16.0
of which: saturates	g	0.8	1.6	0.8	1.6	0.8	1.6	0.8	1.6	0.8	1.6	0.8	1.6
Polysaturates	g	1.2	2.4	1.2	2.4	1.2	2.4	1.2	2.4	1.2	2.4	1.2	2.4
Carbohydrate	g	23	46	23	46	23	46	23	46	23	46	23	46
of which: sugars	g	7.5	15	7.5	15	7.5	15	7.5	15	7.5	15	7.5	15
Fibre	g	0	0	0	0	0	0	0	0	0	0	0	0
Protein	g	10	20	10	20	10	20	10	20	10	20	10	20
Salt	g	0.21	0.42	0.21	0.42	0.21	0.42	0.21	0.42	0.21	0.42	0.21	0.42
Vitamins													
Vitamin A (RE)	µg	109	218	109	218	109	218	109	218	109	218	109	218
Vitamin D	µg	3.1	6.2	3.1	6.2	3.1	6.2	3.1	6.2	3.1	6.2	3.1	6.2
Vitamin E (α -TE)	mg	5.8	11.6	5.8	11.6	5.8	11.6	5.8	11.6	5.8	11.6	5.8	11.6
Vitamin K	µg	25	50	25	50	25	50	25	50	25	50	25	50
Vitamin C	mg	28	56	28	56	28	56	28	56	28	56	28	56
Thiamin	mg	0.4	0.8	0.4	0.8	0.4	0.8	0.4	0.8	0.4	0.8	0.4	0.8
Riboflavin	mg	0.4	0.8	0.4	0.8	0.4	0.8	0.4	0.8	0.4	0.8	0.4	0.8
Vitamin B6	mg	0.5	1.0	0.5	1.0	0.5	1.0	0.5	1.0	0.5	1.0	0.5	1.0
Niacin (NE)	mg	1.9	3.8	1.9	3.8	1.9	3.8	1.9	3.8	1.9	3.8	1.9	3.8
Folic Acid	µg	60.2	120	60.2	120	60.2	120	60.2	120	60.2	120	60.2	120
Vitamin B12	µg	0.77	1.54	0.77	1.54	0.77	1.54	0.77	1.54	0.77	1.54	0.77	1.54
Pantothenic acid	mg	1.9	3.8	1.9	3.8	1.9	3.8	1.9	3.8	1.9	3.8	1.9	3.8
Biotin	µg	3.8	7.6	3.8	7.6	3.8	7.6	3.8	7.6	3.8	7.6	3.8	7.6
Minerals													
Sodium	mg	85.0	170	85.0	170	85.0	170	85.0	170	85.0	170	85.0	170
	mmol	3.70	7.39	3.70	7.39	3.70	7.39	3.70	7.39	3.70	7.39	3.70	7.39
Chloride	mg	70.0	140	70.0	140	70.0	140	70.0	140	70.0	140	70.0	140
	mmol	1.98	3.95	1.98	3.95	1.98	3.95	1.98	3.95	1.98	3.95	1.98	3.95
Potassium	mg	220	440	220	440	220	440	220	440	220	440	220	440
	mmol	5.64	11.3	5.64	11.3	5.64	11.3	5.64	11.3	5.64	11.3	5.64	11.3
Calcium	mg	168	336	168	336	168	336	168	336	168	336	168	336
	mmol	4.20	8.40	4.20	8.40	4.20	8.40	4.20	8.40	4.20	8.40	4.20	8.40
Phosphorus	mg	160	320	160	320	160	320	160	320	160	320	160	320
	mmol	5.16	10.3	5.16	10.3	5.16	10.3	5.16	10.3	5.16	10.3	5.16	10.3
Magnesium	mg	30.0	60.0	30.0	60.0	30.0	60.0	30.0	60.0	30.0	60.0	30.0	60.0
	mmol	1.23	2.47	1.23	2.47	1.23	2.47	1.23	2.47	1.23	2.47	1.23	2.47
Iron	mg	2.3	4.6	2.3	4.6	2.3	4.6	2.3	4.6	2.3	4.6	2.3	4.6
Zinc	mg	2.0	4.0	2.0	4.0	2.0	4.0	2.0	4.0	2.0	4.0	2.0	4.0
Copper	µg	338	676	338	676	338	676	338	676	338	676	338	676
Iodine	µg	51.0	102	51.0	102	51.0	102	51.0	102	51.0	102	51.0	102
Selenium	µg	14	28	14	28	14	28	14	28	14	28	14	28
Manganese	mg	0.7	1.4	0.7	1.4	0.7	1.4	0.7	1.4	0.7	1.4	0.7	1.4
Chromium	µg	11	22	11	22	11	22	11	22	11	22	11	22
Molybdenum	µg	17	34	17	34	17	34	17	34	17	34	17	34