

Actasolve[®] DELIGHT



ORDER CODES

Flavour	Pip-code
Very Berry	413 - 6305
Creamy Butterscotch	413 - 6313
Zesty Lemon	413 - 6339
Starter Pack	413 - 6354

DESCRIPTION

Actasolve Delight is a Food for Special Medical Purposes. **Actasolve Delight** is a powder based on skimmed milk powder with added carbohydrate, fat, vitamins and minerals, which provides a nutritionally balanced dessert style supplement when mixed with whole milk. **Actasolve Delight** is designed for the dietary management of patients with, or at risk of, disease related malnutrition.

PRESENTATION

Actasolve Delight is presented in boxes, containing 7x 57g sachets. **Actasolve Delight** is available in 3 flavours: Very Berry, Creamy Butterscotch and Zesty Lemon. It is also available in a Starter Pack containing 3 x 57g sachets (one of each flavour) plus a shaker.

INDICATIONS FOR USE

ACBS approved, prescribable on form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of undernourished patients, inflammatory bowel disease, total gastrectomy, bowel fistulae, and disease-related malnutrition.

DIRECTIONS FOR USE

Instructions for mixing Actasolve Delight:

- First, add 75ml of whole milk to a bowl, and then the contents of one sachet of **Actasolve Delight**.
- Stir the powder and milk together then whisk vigorously for at least 30 seconds until fully mixed. It is important to whisk vigorously as this will ensure that the product mixes evenly.
- Leave to stand for **15 minutes*** to allow it to set.
- Consume immediately.

*Timings can vary slightly depending on the temperature of the milk used. We always recommend using chilled whole milk.

Actasolve Delight may also be prepared in a shaker:

- Add 75ml of whole milk to the shaker and then the powder.
- Shake vigorously until fully mixed.
- Decant into a serving bowl and leave to stand for **15 minutes*** to allow it to set.
- Consume immediately.

*Once set, **Actasolve Delight** will continue to thicken further on standing.

SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by a healthcare professional.

IMPORTANT NOTICE

Use under medical supervision.

For enteral use only.

Actasolve Delight is designed as a supplement to a normal diet and is not suitable as a sole source of nutrition.

Not suitable for children under 1 year of age.

Use with caution in children 6 years of age and under.

Due to the thickening nature of Actasolve Delight on mixing with liquid/secretions, the powder presents a potential risk of aspiration/asphyxiation if inhaled/ingested directly.

Not suitable for patients with a soya allergy or Cow's Milk Allergy, or those with Galactosaemia.

STORAGE

Store in a cool, dry place, below 25°C. Once reconstituted, **Actasolve Delight** can be stored in the refrigerator for up to 24 hours.

SHELF LIFE

24 months

INGREDIENTS

VERY BERRY

Skimmed **Milk** Powder, Dried Glucose Syrup, Sugar, Palm Oil, Modified Starch, Maltodextrin, Palm Fat, Emulsifiers (Lactic Acid Esters of Mono- and Diglycerides of Fatty Acids, Lecithins (Containing **Soy**)), Gelling Agent: Carrageenan, Flavouring, **Milk** Protein, Vitamin and Mineral Premix (Potassium Dihydrogen Phosphate, Sodium Ascorbate, Vitamin E, Ferrous Sulphate, Niacin, Zinc Sulphate, Vitamin A, Pantothenic Acid, Vitamin D, Biotin, Vitamin B6, Folic Acid, Manganese Sulphate, Thiamin, Potassium Iodide, Copper Sulphate, Vitamin K, Vitamin B12, Sodium Selenite, Riboflavins, Chromium Chloride, Sodium Molybdate), Firming Agent: Potassium Chloride, Dextrose, Magnesium Sulphate, Colours: Beetroot Red, Anthocyanins.

CREAMY BUTTERSCOTCH

Skimmed **Milk** Powder, Dried Glucose Syrup, Sugar, Palm Oil, Modified Starch, Maltodextrin, Palm Fat, Emulsifiers (Lactic Acid Esters Of Mono- and Diglycerides of Fatty Acids, Lecithins (Containing **Soy**)), Gelling Agent: Carrageenan, **Milk** Protein, Caramelised Sugar, Natural Flavouring, Vitamin and Mineral Premix (Potassium Dihydrogen Phosphate, Sodium Ascorbate, Vitamin E, Ferrous Sulphate, Niacin, Zinc Sulphate, Vitamin A, Pantothenic Acid, Vitamin D, Biotin, Vitamin B6, Folic Acid, Manganese Sulphate, Thiamin, Potassium Iodide, Copper Sulphate, Vitamin K, Vitamin B12, Sodium Selenite, Riboflavins, Chromium Chloride, Sodium Molybdate), Firming Agent: Potassium Chloride, Dextrose, Magnesium Sulphate, Colours: Carotenes, Curcumin.

ZESTY LEMON

Skimmed **Milk** Powder, Dried Glucose Syrup, Palm Oil, Sugar, Modified Starch, Maltodextrin, Palm Fat, Emulsifiers (Lactic Acid Esters Of Mono- and Diglycerides of Fatty Acids, Lecithins (Containing **Soy**)), Gelling Agent: Carrageenan, **Milk** Protein, Natural Lemon Flavouring, Vitamin and Mineral Premix (Potassium Dihydrogen Phosphate, Sodium Ascorbate, Vitamin E, Ferrous Sulphate, Niacin, Zinc Sulphate, Vitamin A, Pantothenic Acid, Vitamin D, Biotin, Vitamin B6, Folic Acid, Manganese Sulphate, Thiamin, Potassium Iodide, Copper Sulphate, Vitamin K, Vitamin B12, Sodium Selenite, Riboflavins, Chromium Chloride, Sodium Molybdate), Firming Agent: Potassium Chloride, Dextrose, Magnesium Sulphate, Colour: Curcumin.

Allergy Advice - for allergens, see ingredients in **bold**

May also contain - Egg, Celery, Mustard, Sulphites

All flavours of Actasolve Delight are suitable for vegetarian, gluten free and halal diets.

For more information see www.aymes.com or call AYMES Careline on 0800 678 5145

OTHER INFORMATION

Energy Distribution	Protein	%	14.8
	Carbohydrate	%	51.4
	Fat	%	33.4
	Fibre	%	0.4

NUTRITIONAL COMPOSITION

Flavour		VERY BERRY		CREAMY BUTTERSCOTCH		ZESTY LEMON	
		per 100g powder	per 57g sachet +75 ml whole milk	per 100g powder	per 57g sachet +75 ml whole milk	per 100g powder	per 57g sachet +75 ml whole milk
Typical values							
Energy	KJ	1862	1268	1864	1269	1862	1268
	kcal	442	302	443	302	443	302
Fat	g	15	11	15	11	15	11
of which saturates	g	10	7.5	10	7.5	10	7.5
Carbohydrate	g	62	39	62	39	62	39
sugars	g	37	25	38	25	34	23
Fibre	g	0.9	0.5	0.9	0.5	0.9	0.5
Protein	g	15	11	15	11	15	11
Salt	g	0.70	0.48	0.68	0.47	0.68	0.47
Vitamins							
Vitamin A (RE)	µg	679	417	679	417	679	417
Vitamin D	µg	9.7	5.5	9.7	5.5	9.7	5.5
Vitamin K	µg	53	30	53	30	53	30
Vitamin C	mg	59	35	59	35	59	35
Thiamin	mg	1.4	0.80	1.4	0.80	1.4	0.80
Riboflavin	mg	1.5	1.0	1.5	1.0	1.5	1.0
Vitamin B6	mg	2.0	1.2	2.0	1.2	2.0	1.2
Niacin (NE)	mg	12	7.2	12	7.2	12	7.2
Folic Acid	µg	202	121	202	121	202	121
Vitamin B12	µg	1.9	1.8	1.9	1.8	1.9	1.8
Pantothenic acid	mg	5.4	3.5	5.4	3.5	5.4	3.5
Biotin	µg	30	19	30	19	30	19
Vitamin E (α TE)	µg	8.9	5.1	8.9	5.1	8.9	5.1
Minerals							
Sodium	mg	280	190	270	190	270	190
	mmol	12.2	8.26	11.7	8.26	11.7	8.26
Chloride	mg	407	301	406	300	405	300
	mmol	11.6	8.59	11.6	8.57	11.6	8.59
Potassium	mg	676	507	676	507	676	507
	mmol	17.3	13.0	17.3	13.0	17.3	13.0
Calcium	mg	544	403	544	403	544	403
	mmol	13.6	10.1	13.6	10.1	13.6	10.1
Phosphorus	mg	433	321	433	321	433	321
	mmol	14.0	10.3	14.0	10.3	14.0	10.3
Magnesium	mg	78.1	53.0	78.1	53.0	78.1	53.0
	mmol	3.25	2.21	3.25	2.21	3.25	2.21
Iron	mg	6.8	3.9	6.8	3.9	6.8	3.9
Zinc	mg	4.7	3.1	4.7	3.1	4.7	3.1
Copper	mg	0.53	0.30	0.53	0.30	0.53	0.30
Iodine	µg	124	94.5	124	94.5	124	94.5
Selenium	µg	19	11	19	11	19	11
Manganese	mg	0.61	0.35	0.61	0.35	0.61	0.35
Chromium	µg	7.0	4.0	7.0	4.0	7.0	4.0
Molybdenum	µg	16	9.1	16	9.1	16	9.1