

ActaGain® 1.5 COMPLETE



ORDER CODES

Flavour	Pip-code
Smooth Vanilla	413 - 1405
Strawberry Burst	413 - 1413
Banana Milkshake	413 - 1397
Double Chocolate	413 - 1421
Starter Pack	388 - 6439

DESCRIPTION

ActaGain 1.5 Complete is a Food for Special Medical Purposes. **ActaGain 1.5 Complete** is a nutritionally complete 1.5kcal/ml, ready-to-drink milkshake-style supplement designed for the dietary management of disease-related malnutrition.

PRESENTATION

ActaGain 1.5 Complete is available in 4 flavours: Strawberry Burst, Smooth Vanilla, Banana Milkshake and Double Chocolate. It is also available in a Starter Pack containing 4 x 200ml Tetra Paks.

INDICATIONS FOR USE

ACBS approved, prescribable on form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of undernourished patients, inflammatory bowel disease, total gastrectomy, bowel fistulae, and disease-related malnutrition.

DIRECTIONS FOR USE

- Shake well before use.
- Best served chilled but may also be served at room temperature.
- Once opened, consume immediately or refrigerate and use within 24 hours.

SUGGESTED INTAKE

Dosage should be determined by a clinician or dietitian and is dependent on the age, bodyweight and medical condition of the patient.

IMPORTANT NOTICE

Use under medical supervision.

For enteral use only.

ActaGain 1.5 Complete is designed as a supplement to a normal diet and is suitable as a sole source of nutrition.

Not suitable in children under 11 years as a sole source of nutrition.

Not suitable for children under 3 years of age.

Not suitable for patients with cow's milk allergy or galactosaemia.

Double Chocolate flavour is not suitable for patients requiring a strict fibre free diet.

STORAGE

Store in a cool, dry place, below 25°C.

SHELF LIFE

12 months.

INGREDIENTS

SMOOTH VANILLA

Water, Maltodextrin, Cow's **Milk** Proteins, Vegetable Oils (Rapeseed, Sunflower), Sugar, Natural Vanilla Flavour, Minerals (Sodium Citrate, Potassium Chloride, Potassium Citrate, Magnesium Salts of Citric Acid, Sodium Salts of Orthophosphoric Acid, Magnesium Chloride, Potassium Iodide, Copper Gluconate, Sodium Selenite, Sodium Molybdate, Manganese Sulphate, Chromium Chloride), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Sunflower Lecithin), Stabilisers (Microcrystalline Cellulose, Sodium Carboxymethylcellulose), Vitamins (Nicotinamide, Retinyl Acetate, Calcium D-Pantothenate, Cholecalciferol, Cyanocobalamin, D-Biotin, Pteroylmonoglutamic Acid, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, DL-Alphatocopheryl Acetate, Phylloquinone, Sodium L-Ascorbate), Thickener (Gellan Gum), Colour: Natural Carotene, Iron Pyrophosphate, Zinc Sulphate.

STRAWBERRY BURST

Water, Maltodextrin, Cow's **Milk** Proteins, Vegetable Oils (Rapeseed, Sunflower), Sugar, Natural Strawberry Flavour, Minerals (Sodium Citrate, Potassium Chloride, Potassium Citrate, Magnesium Salts of Citric Acid, Sodium Salts of Orthophosphoric Acid, Magnesium Chloride, Potassium Iodide, Copper Gluconate, Sodium Selenite, Sodium Molybdate, Manganese Sulphate, Chromium Chloride), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Sunflower Lecithin), Stabilisers (Microcrystalline Cellulose, Sodium Carboxymethylcellulose), Vitamins (Nicotinamide, Retinyl Acetate, Calcium D-Pantothenate, Cholecalciferol, Cyanocobalamin, D-Biotin, Pteroylmonoglutamic Acid, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, DL-Alphatocopheryl Acetate, Phylloquinone, Sodium L-Ascorbate), Thickener (Gellan Gum), Colours: Beetroot Red, Lycopene From Red Tomatoes, Iron Pyrophosphate, Zinc Sulphate.

BANANA MILKSHAKE

Water, Maltodextrin, Cow's **Milk** Proteins, Vegetable Oils (Rapeseed, Sunflower), Sugar, Natural Banana Flavour, Minerals (Sodium Citrate, Potassium Chloride, Potassium Citrate, Magnesium Salts of Citric Acid, Sodium Salts of Orthophosphoric Acid, Magnesium Chloride, Potassium Iodide, Copper Gluconate, Sodium Selenite, Sodium Molybdate, Manganese Sulphate, Chromium Chloride), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Sunflower Lecithin), Stabilisers (Microcrystalline Cellulose, Sodium Carboxymethylcellulose), Vitamins (Nicotinamide, Retinyl Acetate, Calcium D-Pantothenate, Cholecalciferol, Cyanocobalamin, D-Biotin, Pteroylmonoglutamic Acid, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, DL-Alphatocopheryl Acetate, Phylloquinone, Sodium L-Ascorbate), Thickener (Gellan Gum), Colour: Natural Carotene, Iron Pyrophosphate, Zinc Sulphate.

DOUBLE CHOCOLATE

Water, Maltodextrin, Cow's **Milk** Proteins, Vegetable Oils (Rapeseed, Sunflower), Sugar, Cocoa Powder, Chocolate (Contains Milk), Minerals (Sodium Citrate, Potassium Chloride, Potassium Citrate, Magnesium Salts of Citric Acid, Sodium Salts of Orthophosphoric Acid, Magnesium Chloride, Potassium Iodide, Copper Gluconate, Sodium Selenite, Sodium Molybdate, Manganese Sulphate, Chromium Chloride), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Sunflower Lecithin), Stabilisers (Microcrystalline Cellulose, Sodium Carboxymethylcellulose), Vitamins (Nicotinamide, Retinyl Acetate, Calcium D-Pantothenate, Cholecalciferol, Cyanocobalamin, D-Biotin, Pteroylmonoglutamic Acid, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, DL-Alphatocopheryl Acetate, Phylloquinone, Sodium L-Ascorbate), Thickener (Gellan gum), Iron pyrophosphate, Zinc sulphate.

All flavours of ActaGain 1.5 Complete are made from a gluten free recipe and are suitable for vegetarians and halal diets. Check allergens.

OTHER INFORMATION

Potential Renal Solute Load	mOsm/l	533*	533**
Osmolality	mOsm/kg	586*	692**
Osmolarity	mOsm/l	452*	529**
Energy Distribution	Protein	%	19
	Carbohydrate	%	45
	Fat	%	36
	Fibre	%	0.0

* Based on Smooth Vanilla, Strawberry Burst and Banana Milkshake

** Based on Double Chocolate

NUTRITIONAL COMPOSITION

Flavour	SMOOTH VANILLA		STRAWBERRY BURST		BANANA MILKSHAKE		DOUBLE CHOCOLATE	
Typical values	per 100ml	per 200ml serving	per 100ml	per 200ml serving	per 100ml	per 200ml serving	per 100ml	per 200ml serving
Energy	kJ	630	1260	630	1260	630	1260	630
	kcal	150	300	150	300	150	300	151
Fat	g	6.0	12.0	6.0	12.0	6.0	12.0	6.0
of which saturates	g	0.6	1.2	0.6	1.2	0.6	1.2	0.96
Carbohydrate	g	17	34	17	34	17	34	17
of which sugars	g	5.8	11.6	5.8	11.6	5.8	11.6	5.8
Fibre	g	<0.5	<1	<0.5	<1	<0.5	<1	0.6
Protein	g	7.0	14.0	7.0	14.0	7.0	14.0	7.0
Salt	g	0.20	0.40	0.20	0.40	0.20	0.40	0.20
Vitamins								
Vitamin A (RE)	µg	125	250	125	250	125	250	125
Vitamin D	µg	2.5	5.0	2.5	5.0	2.5	5.0	2.5
Vitamin E (alpha TE)	mg	2.0	4.0	2.0	4.0	2.0	4.0	2.0
Vitamin K	µg	8.0	16	8.0	16	8.0	16	8.0
Vitamin C	mg	15	30	15	30	15	30	15
Thiamin	mg	0.25	0.50	0.25	0.50	0.25	0.50	0.25
Riboflavin	mg	0.25	0.50	0.25	0.50	0.25	0.50	0.25
Vitamin B6	mg	0.25	0.50	0.25	0.50	0.25	0.50	0.25
Niacin (NE)	mg	3.5	7.0	3.5	7.0	3.5	7.0	3.5
Folic Acid	µg	40.0	80.0	40.0	80.0	40.0	80.0	40.0
Vitamin B12	µg	0.80	1.6	0.80	1.6	0.80	1.6	0.80
Pantothenic acid	mg	0.80	1.6	0.80	1.6	0.80	1.6	0.80
Biotin	µg	5.0	10	5.0	10	5.0	10	5.0
Minerals								
Sodium	mg	90.0	180.0	90.0	180.0	90.0	180.0	90.0
	mmol	3.91	7.83	3.91	7.83	3.91	7.83	3.91
Chloride	mg	95.0	190	95.0	190	95.0	190	95.0
	mmol	2.68	5.35	2.68	5.35	2.68	5.35	2.68
Potassium	mg	150	300	150	300	150	300	150
	mmol	3.85	7.69	3.85	7.69	3.85	7.69	3.85
Calcium	mg	115	230	115	230	115	230	115
	mmol	2.88	5.75	2.88	5.75	2.88	5.75	2.88
Phosphorus	mg	90.0	180	90.0	180	90.0	180	90.0
	mmol	2.90	5.81	2.90	5.81	2.90	5.81	2.90
Magnesium	mg	25.0	50.0	25.0	50.0	25.0	50.0	25.0
	mmol	1.03	2.06	1.03	2.06	1.03	2.06	1.03
Iron	mg	2.5	5.0	2.5	5.0	2.5	5.0	2.5
Zinc	mg	1.8	3.6	1.8	3.6	1.8	3.6	1.8
Copper	mg	0.27	0.54	0.27	0.54	0.27	0.54	0.27
Iodine	µg	20.0	40.0	20.0	40.0	20.0	40.0	20.0
Selenium	µg	8.5	17	8.5	17	8.5	17	8.5
Manganese	mg	0.50	1.0	0.50	1.0	0.50	1.0	0.50
Chromium	µg	10	20	10	20	10	20	10
Molybdenum	µg	15	30	15	30	15	30	15