

Actasolve® PROTEIN COMPACT



ORDER CODES

Flavour	Pip-code
Simply Neutral	418 - 6276
Smooth Vanilla	418 - 6268
Strawberry Burst	418 - 6227
Banana Milkshake	418 - 6235
Classic Chocolate	418 - 6250
Starter Pack	418 - 6243

DESCRIPTION

Actasolve Protein Compact is a Food for Special Medical Purposes. **Actasolve Protein Compact** is a nutritionally balanced high-energy, high-protein (26% energy from protein), vitamin and mineral fortified, skimmed milk powder based supplement for the dietary management of patients with or at risk of disease-related malnutrition.

PRESENTATION

Actasolve Protein Compact is presented in boxes containing 7 x 57g sachets. It is available in 5 flavours: Simply Neutral, Smooth Vanilla, Strawberry Burst, Banana Milkshake and Classic Chocolate. It is also available as a Starter Pack containing 5 x 57g sachets (one of each flavour) plus a shaker.

INDICATIONS FOR USE

ACBS approved, prescribable on form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of undernourished patients, inflammatory bowel disease, total gastrectomy, bowel fistulae and disease-related malnutrition.

DIRECTIONS FOR USE

Actasolve Protein Compact should be reconstituted with 100ml of whole milk. It is best served cold but can be made up hot if preferred.

Mixing instructions when using a shaker:

DO NOT USE SHAKER WITH HOT LIQUIDS

- First pour **100ml of whole milk** into the shaker and then add one 57g sachet of **Actasolve Protein Compact**.
- Replace the lid making sure it is securely fastened and shake vigorously.
- Decant into your glass or mug to drink, or refrigerate in the shaker or another suitable container for up to 24 hours.

Mixing instructions when using a whisk or fork:

WORKS FOR HOT AND COLD LIQUIDS

- First pour 100ml of whole milk into the glass or mug and then add one 57g sachet of **Actasolve Protein Compact**.
- Mix thoroughly with a whisk or fork.
- Drink immediately or refrigerate for up to 24 hours.

SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietitian.

IMPORTANT NOTICE

Use under medical supervision.

For enteral use only.

Actasolve Protein Compact is designed as a supplement to a normal diet and is not suitable as a sole source of nutrition.

Not suitable for children under 3 years of age.

Use with caution in children under 6 years of age and under.

Monitor fluid intake to ensure adequate hydration status.

Not suitable for patients with soya or cow's milk allergy or for those with galactosaemia.

STORAGE

Store away from light, under dry, clean, and cool conditions (5-20°C)

Once reconstituted, **Actasolve Protein Compact** may be stored for up to 24 hours in a refrigerator. Stir before serving.

SHELF LIFE

24 months

INGREDIENTS

SIMPLY NEUTRAL

Milk Proteins, Dried Glucose Syrup, Skimmed **Milk** Powder, Maltodextrin, Palm Oil, Sugar, Vitamin and Mineral Blend (Potassium dihydrogen phosphate, Sodium ascorbate, DL-alpha tocopherol, Ferrous sulphate, Nicotinamide, Zinc sulphate, Potassium iodide, Retinyl acetate, Calcium-D-pantothenate, Cholecalciferol, D-Biotin, Sodium selenite, Pyridoxine hydrochloride, Folic acid, Copper sulphate, Manganese sulphate, Thiamine mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium trichloride, Sodium molybdate).

SMOOTH VANILLA

Milk Proteins, Dried Glucose Syrup, Skimmed **Milk** Powder, Maltodextrin, Palm Oil, Sugar, Natural Flavouring, Vitamin and Mineral Blend (Potassium dihydrogen phosphate, Sodium ascorbate, DL-alpha tocopherol, Ferrous sulphate, Nicotinamide, Zinc sulphate, Potassium iodide, Retinyl acetate, Calcium-D-pantothenate, Cholecalciferol, D-Biotin, Sodium selenite, Pyridoxine hydrochloride, Folic acid, Copper sulphate, Manganese sulphate, Thiamine mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium trichloride, Sodium molybdate).

STRAWBERRY BURST

Milk Proteins, Dried Glucose Syrup, Skimmed **Milk** Powder, Maltodextrin, Palm Oil, Sugar, Natural Flavouring, Vitamin and Mineral Blend (Potassium dihydrogen phosphate, Sodium ascorbate, DL-alpha tocopherol, Ferrous sulphate, Nicotinamide, Zinc sulphate, Potassium iodide, Retinyl acetate, Calcium-D-pantothenate, Cholecalciferol, D-Biotin, Sodium selenite, Pyridoxine hydrochloride, Folic acid, Copper sulphate, Manganese sulphate, Thiamine mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium trichloride, Sodium molybdate), Colour: Beetroot.

BANANA MILKSHAKE

Milk Proteins, Dried Glucose Syrup, Skimmed **Milk** Powder, Maltodextrin, Palm Oil, Sugar, Natural Flavouring, Vitamin and Mineral Blend (Potassium dihydrogen phosphate, Sodium ascorbate, DL-alpha tocopherol, Ferrous sulphate, Nicotinamide, Zinc sulphate, Potassium iodide, Retinyl acetate, Calcium-D-pantothenate, Cholecalciferol, D-Biotin, Sodium selenite, Pyridoxine hydrochloride, Folic acid, Copper sulphate, Manganese sulphate, Thiamine mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium trichloride, Sodium molybdate), Colour: Carotene.

CLASSIC CHOCOLATE

Milk Proteins, Dried Glucose Syrup, Skimmed **Milk** Powder, Maltodextrin, Palm Oil, Cocoa Powder, Sugar, Natural Flavouring, Vitamin and Mineral Blend (Potassium dihydrogen phosphate, Sodium ascorbate, DL-alpha tocopherol, Ferrous sulphate, Nicotinamide, Zinc sulphate, Potassium iodide, Retinyl acetate, Calcium-D-pantothenate, Cholecalciferol, D-Biotin, Sodium selenite, Pyridoxine hydrochloride, Folic acid, Copper sulphate, Manganese sulphate, Thiamine mononitrate, Vitamin K1, Riboflavin, Cyanocobalamin, Chromium trichloride, Sodium molybdate).

May also contain: **Soya, Egg and Sulphites**

All flavours of Actasolve Protein Compact are gluten-free and are suitable for vegetarians and halal diets.

OTHER INFORMATION*

Potential Renal Solute Load	mOsm/l	950
Osmolality	mOsm/kg	1840
Osmolarity	mOsm/l	1070
Energy Distribution	Protein	% 26
	Carbohydrate	% 44
	Fat	% 33

*Based on Smooth Vanilla flavour made up with 100ml whole milk.

NUTRITIONAL COMPOSITION

Flavour		SIMPLY NEUTRAL		SMOOTH VANILLA		STRAWBERRY BURST		BANANA MILKSHAKE		CLASSIC CHOCOLATE	
		Per 100g powder	Per 57g +100ml whole milk	Per 100g powder	Per 57g +100ml whole milk	Per 100g powder	Per 57g +100ml whole milk	Per 100g powder	Per 57g +100ml whole milk	Per 100g powder	Per 57g +100ml whole milk
Typical values per serving											
Energy	kJ	1843	1326	1822	1314	1822	1314	1825	1316	1823	1315
	kcal	437	315	432	312	432	312	433	313	433	313
Fat	g	12	10	11	11	11	10	11	10	12	11
of which saturates	g	6.5	6.1	7.5	6.6	7.5	6.6	7.5	6.6	6.5	6.1
Carbohydrate	g	53	35	53	35	53	35	53	35	49	33
of which sugars	g	22	17	26	20	26	19	26	20	23	18
Fibre	g	<0.5	<0.5	<0.5	<0.5	<0.5	<0.5	<0.5	<0.5	1.5	0.9
Protein	g	30	20	30	20	30	20	30	20	30	21
Salt	g	0.37	0.30	0.37	0.30	0.38	0.30	0.37	0.30	0.36	0.30
Vitamins											
Vitamin A (RE)	µg	583	372	583	372	583	372	583	372	583	372
Vitamin D	µg	10	5.5	10	5.5	10	5.5	10	5.5	10	5.5
Vitamin K	µg	58	33	58	33	58	33	58	33	58	33
Vitamin C	mg	60	36	60	36	60	36	60	36	60	36
Thiamin	mg	1.4	0.80	1.4	0.80	1.4	0.80	1.4	0.80	1.4	0.80
Riboflavin	mg	1.1	0.90	1.1	0.90	1.1	0.90	1.1	0.90	1.1	0.90
Vitamin B6	mg	2.0	1.2	2.0	1.1	2.0	1.2	2.0	1.2	2.0	1.2
Niacin (NE)	mg	13	7.8	13	7.8	13	7.8	13	7.8	13	7.8
Folic Acid	µg	205	125	205	125	206	125	205	125	205	125
Vitamin B12	µg	1.3	1.5	1.2	1.5	1.3	1.5	1.3	1.5	1.2	1.5
Pantothenic acid	mg	4.9	3.4	4.9	3.3	4.9	3.4	4.9	3.4	4.9	3.3
Biotin	µg	24	16	24	16	24	16	24	16	24	16
Vitamin E (alpha TE)	mg	10	5.6	10	5.6	10	5.6	10	5.6	10	5.6
Minerals											
Sodium	mg	149	126	148	125	153	128	149	126	146	124
	mmol	6.46	5.46	6.42	5.44	6.63	5.57	6.48	5.47	6.33	5.39
Chloride	mg	153	178	150	177	161	183	153	178	150	177
	mmol	4.30	5.03	4.22	4.98	4.52	5.15	4.30	5.03	4.22	4.98
Potassium	mg	404	392	400	390	413	397	404	392	549	475
	mmol	10.3	10.0	10.2	10.0	10.6	10.2	10.3	10.0	14.1	12.2
Calcium	mg	393	347	390	346	400	351	393	347	387	344
	mmol	9.82	8.69	9.74	8.64	10.0	8.78	9.82	8.69	9.68	8.61
Phosphorus	mg	294	267	292	265	300	270	294	267	319	280
	mmol	9.50	8.60	9.42	8.56	9.67	8.71	9.50	8.60	10.3	9.05
Magnesium	mg	49.0	39.9	48.7	39.7	49.6	40.2	49.0	39.9	72.8	53.4
	mmol	2.02	1.64	2.00	1.63	2.04	1.65	2.02	1.64	3.00	2.20
Iron	mg	7.4	4.2	7.4	4.2	7.4	4.2	7.4	4.2	7.4	4.2
Zinc	mg	3.9	2.7	3.9	2.7	3.9	2.8	3.9	2.7	3.9	2.7
Copper	mg	0.60	0.30	0.60	0.30	0.60	0.30	0.60	0.30	0.60	0.30
Iodine	µg	76.0	75.0	75.8	74.9	76.5	75.3	76.0	75.0	75.8	74.9
Selenium	µg	19	12	19	12	20	12	19	12	19	12
Manganese	mg	0.70	0.40	0.70	0.40	0.70	0.40	0.70	0.40	0.70	0.40
Chromium	µg	7.7	4.4	7.7	4.4	7.7	4.4	7.7	4.4	7.7	4.4
Molybdenum	µg	18	10	18	10	18	10	18	10	18	10